

Ronald W. Clark Daily Journal  
Sept 1, 2012 September 1, 2012

Saturday September 1, 2012 8:02 am. Figured I'd get back into writing my journal. I'm feeling like sh\*\* this morning. Haven't been feeling good the past few days. I need to get back on my prozac. But I don't like leaving out of this cell. This Friggin corrupt stinking Administration! I'd like to go back to sleep. Even better, I'd like to go to sleep and die while I'm asleep. I've been waking up in the morning the past few weeks with the immediate thought, "Why can't I die in my sleep!" I haven't had my prozac since May, and the depression is starting to set in. This is not good at all. Right now, I'm tired, burned out, sick of life, and especially sick of the United States of America and its stinking a\*\* lies of equal justice, constitutional protection and its other B.S. that it feeds the world. Best in the world? yeah at perpetrating a fraud! "Putting on this fake facade, of human rights, and all the other crap, it sells, to all foolish nation's that buy into it. straight B.S.!" And they buy it, because there's a sucker born every minute! oh well! enough. I'm going to lay back down for awhile.

9:48 am Instead of laying down I wrote 2 blogs. "Public safety and institutional security at risk, and wasted water. Two things that I'd really like to see changed. For those personalized audio and video devices would instill honor and integrity into the FDOC while also protecting public safety and institutional security. Well I'm going to lay back. My knee is hurting from going to the shower last night. Having to kneel down on the concrete floor to get shackles put on me to walk 10 feet. stupid.

11:27 am I'm reading a book, it's not very good, but it's something to read. Fixing to eat lunch which is coming down the hall right now.

Ronald W. Clark Jr.  
Sept 1, 2012

11:44am just finished lunch. wasn't very good, but I had to eat it. Fixing to go back to reading this book, just trying to pass some time. We got this 3 day weekend which I don't care for.

5:50PM Ate dinner at about 4:20PM. before then I started a letter but mainly been into reading this book. Theres only 309 pages and I'm on 168, so I need to slowdown, so I'll have something to do tomorrow. I'm thinking about laying down and trying to go to sleep I am seriously tired. I haven't been getting enough sleep so I think that's what I'm going to do.

\* Sunday September 2, 2012 7:58am. I've been up since 5am I made my bunk washed up ate breakfast and I've been laying here reading this book, which actually turned out to be a very good book. I only have about 50 pages left. I'll finish that today, and then write some letters. so I'm going to do some more reading, and then do some writing  
10:51 Finished that book, started a letter but this pen just skips. This damn pens getting on my nerves!"

\* Tuesday Sept. 3, 2012 6:42am. well I just got me a pen refill. I tried to write a couple of letters yesterday using pen tips that just would not write. so now I need to get some writing done.

9:58am well I got 2 letters finished. And I started on a story about my life that I figured other's would enjoy, just to get away from all the FDOC crap and give people some change. They just started construction on the showers down here. Their tiling the showers, which is something they should have done years ago. I had put grievances in on that in 04 or 05, that were denied, and here they are doing it. A lot of things I file on, they will deny 6 months or a year later here they come doing it. Cause they know I'm right,

Donald W. Clark Jr  
September 4, 2012

Page 3 OF 4  
Daily Journal

they just don't want to give me any credit for it. I'm expecting them to show up today with that DR# 213-121325 that they wrote on Aug 24, but they misspelled my name, so they're going to have to re-write it, and I think they did that on purpose. To slow walk and stall the DR. Some guys are saying they're going to throw it out complete because of the way I went after them, and the fact that they had to put it in here, since this is a solid cell, and the only way for anything to come in here is if staff puts it in here. And all three razor blade incidents one sgt. has been involve in. I hope the 3 blogs I sent out last night make it out and get posted. Well I'm going to go back to writing.

11:53AM Just ate lunch. It wasn't about anything. Spanish Rice is what they call it, but that's an insult to Spanish people everywhere. I just got a book called "A Tale of Two Cities" by Charles Dickens, which I'll begin reading here shortly. I'm just glad to have something to read.

4:42PM Well ate dinner. Hot dogs, potatoes, beans, slaw and bread pudding. I was trying to read this book "A Tale of Two Cities". That sucked, so I'm reading this Les Miserables which is much better. The other one, Dickens plays on words and spends more time on that than in telling the story. I didn't like that. I'll go back to it once I have nothing else to read.

6:13PM I just finished the essay, "Another Tragic Tale." I'll be sending it out with this to have it posted. And the sgt. just came by and said I have DR. court in the morning. I told him no thank you. I stopped attending these Redneck kangaroo courts in Sept of last year. I got better things to do than to stand before a dumb red neck's while they

Ronald W. Clark Jr  
September 4, 2012

Page 4 OF 4  
Daily Journal

perpetrate a Fraud of due process. Well I'm Fixing to lay back and do some more reading and then I'll go to sleep. Just another day on Death Row in the Florida Dept. of Corruption.