

Salutations World,

I hope this has found you to be in great health, spirits, and conditions. It's been a while since I last written a blog, but I'm back like I left something. Last time I wrote I was in segregation and my birthday passed. Well, the birthday was alright. Didn't do much or anything special, but it was my 30th birthday, so I enjoyed believe-alive, breathing, seeing, hearing, and appreciating those things most take for granted.

Anyways, honestly, I can say I'm feeling comfortably indifferent as usual, but I'm doing alright. Things have been seemingly interesting and on the up. I've been experiencing smiles more than usual and it's fantastic, almost to the point of uncomfortability. However, that uncomfortability is a feeling I want to begin to embrace because it means I'm in the right place. What I mean is, I'm allowing myself to open up, trust, and be afraid of unfamiliar people, places, things, and situations. It's time for me to expand and allow myself to receive what the world has to offer me and to allow the world to receive what I have to offer it. I'm glad I'm changing. My past 30 years have not been so understanding. I've been reserved and conservative. I was always defensive and distant. These next 30 years, not so much. I just hope to maintain the energy instead of utilizing it on worrying.

So here's to new relationships, friendships,

new beginnings, and freshness. After all, life is about experiencing, and it's time for me to experience life. Cheers! Seriously, cheers! Smiles, nothing but.

I look forward to the present moment. Did you hear what I said? Well, literally you didn't and couldn't, but trust me, I look forward to the present moment. What else is there to look forward to? Any moment other than right now is purposless, meaningless, and insignificant. Right now is most important and right now, you are reading this. So that means you're important, especially to me. Thanks for visiting. I'll write more when time permits me to. So I'll end this blog here for now but never my love. Please take care, remain safe, and may peace be upon you always.

Kindly,

Michael