Nicki, today I received the postcards, letters, pictures and news articles. I was very happy to hear from you and I will write back as soon as I get stamps. My hunger Strike ended in a suicide attempt about Which I am attaching a report to this reply. The prison's response to my suicide attempt is not to offer help but rather to discipline me. I have been moved to a disciplinary housing Unit where inmates excream all day and night. My first 6 days post-suicide attempt were spent in an all concrete room, naked and forced to skep upon concrete. I had no shower or toilet. On the 7th day I was given a mattress. On the 8th Clothing, badding and my personal papers - I am still deeply depressed - Solitary confinement is a form of living death. All that defines you as human is stripped away. Your senses are numb. The silence is suffocating only to be followed by such noise you believe the hounds of hell are loose. Your skin screams to be touched. Your ears beg for comforting sounds. Your eyes long to see heavy. Your nose pleads to small something other than blood, feces and pepper spray. Your tongue prays for flavor.

To people like SAH one injustice demands another. In America the prison quards are intoxicated by a power over fellow human beings that is unchecked by the Courts, the Congress or the Media. To them I am an animal that must be subscribent. Any hint of individualism or intellectualism shall be beat from me with a cruelty that has no place in a democracy. Some days I am the fierce tiger like the card you sent me, defant to my core. Some days I am weak and weary eager only for this horror show to be over. I often blane society in general terms but really it is the media, the politicians and the judges I am contemptuous of. These people have a legal and moral obligation to ensure that what the system does in the name of society promotes a foundation of justice, human decency and morality as the bedrock of that society. Their failure is breathtaking in this country and people like yourself and Arcadiago give me hope that good and decent people still exist. People who view criminals as human beings capable of redemption and as equally deserving of punishment as a chance at rehabilitation

## U.S. DEPARTMENT OF JUSTICE

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		Part I - Incident Repo	rt			
1.	Institution: United States Penitential	ry, Administrative Maximum, F		)		
2.	Inmate's Name:	3. Register Number:	the state of the s	Date of Incident:	5. Time:	
-	Jeremy Pinson	16267-064		11-30-12	11:15 a.m.	
6.	Place of Incident: Z-Unit, A Range, Cell 2-207	7. Assignment:	8.	Unit: Z Unit		
9. Incident:				10. Prohibition Act Code (s):		
Tan	npering with or blocking any lock device			208	C (3).	
Misuse of authorized medication				302		
11.	Description of Incident : (Date:	iption of Incident: (Date: 11-30-12 Time: 11:15 a.m.				
rope a se Pins noo on t	ealing 4 white unidentified pills on it then n multiple white pills, he showed them to re e with a noose attached to it hanging from eated position. A call for assistance was re son. At one point I had the noose off but ese. Responders arrived and aided me in the cell floor. I advised the responders of the cell. The altered sheet was cut enable	me then began to consume then in the upper middle portion of his made. I began trying to loosen to he grabbed it and repositioned in removing the noose from Pinson the obstruction and Health Sen	<ol> <li>Pinson had when bars. He placed he rope and remote around his neck when Frices Staff cut the</li> </ol>	the noose around he and the noose around he ove the noose from the loose from the loose from the loose from was free of the latered sheet to allow	homemade is neck and tool he neck of to remove the e noose he laid	
esc	orted to medical for evaluation. I received	d no injuries from this incident.	cell and aid Pinso	on. Pinson was fully	restrained and	
12. Type Name/Signature of Reporting Employee:				13. Date and Time	e:	
M. Santistevan M. Santiture				11-30-12/ 2:42 p.m.		
14. Incident Report Delivered to Above Inmate by (Type Name/Signature):			15. Date Incide Report Del		16. Time Incident Report Delivered:	
177	C	Part II - Committee Actio	on	0.7		
17.	Comments of Inmate to Committee Reg	arding Above Incident				
18.	A. It is the finding of the committee that  Committed the Prohibited Act as char  Did no Commit a Prohbited Act.	D.	<ul> <li>B. The Committee is referring the Charge (s) to the DHO for Further Hearing.</li> <li>C. The Committee advised the inmate of its finding and of the right to file an appeal within 20 calender days.</li> </ul>			
I.	Committed Prohibited Act Code (s):					
9. (	Committee Decision is Based on Specifi					
.O. (	Committee action and/or recommendation act):	on if referred to DHO (Contige	nt upon DHO fir	iding inmate commi	ited prohibted	
1. I	Date and Time of Action:	(The UDC Chair	man's signature	certifies who sat on	the UDC and	
t	hat the completed report accruately refle	ects the UDC proceedings.)	· ·		CD C uniu	
	Chairman (Typed Name/Signature) Member (Type		Name)	Member (Typed Name)		

INSTRUCTIONS: All items outside heavy rule are for staff use only. Begin entries with the number 1 and work up. Entries not completed will be voided by staff. DISTRIBUTE: ORIGINAL-Central File record, COPY-1-DHO, COPY-2-Inmate After UDC Action; COPY-3-Inmate within 24 hours of Part I Preparation.