

KWANZAA IS A CELEBRATION OF FAMILY, COMMUNITY, CULTURE AND COOKING.

THINGS NEEDED TO CELEBRATE KWANZAA:

1. MAZAO: FRUITS AND VEGETABLES, WHICH STANDS FOR THE PRODUCT OF UNIFIED EFFORT.
2. MKEKA: A STRAW PLACE MAT, WHICH REPRESENTS THE REVERENCE FOR TRADITION.
3. VIBUNZI: AN EAR OF CORN FOR EACH CHILD IN THE FAMILY.
4. ZAWADI: SIMPLE GIFTS, PREFERABLY RELATED TO EDUCATION OR TO THINGS AFRIKAN OR AFRIKAN-INFLUENCED.
5. KIKOMBE CHA UMOJA: A COMMUNAL CUP FOR THE LIBATION(I LIKE TO LOOK AT THIS AS A KIND OF HOMAGE TO PAST, PRESENT, AND FUTURE BLACK AMERICANS).
6. KINARA: A SEVEN-BRANCHED CANDLE-HOLDER, WHICH SYMBOLIZES THE CONTINENT AND PEOPLES OF AFRIKA.
7. MISHUMAA SABA: THE SEVEN CANDLES, EACH ONE SYMBOLIZING ONE OF THE NGUZO SABA, OR SEVEN PRINCIPLES, THAT BLACK AMERICANS SHOULD LIVE BY ON A DAILY BASIS AND WHICH ARE REINFORCED DURING KWANZAA.

ON EACH DAY OF KWANZAA, A FAMILY MEMBER LIGHTS A CANDLE, THEN DISCUSSES ONE OF THE SEVEN PRICIPLES, WHICH ARE CALLED THE NGUZO SABA.

1. UMOJA(UNITY): TO STRIVE FOR AND MAINTAIN UNITY IN THE FAMILY, COMMUNITY, NATION, AND RACE.
2. KUJICHAGULIA(SELF-DETERMINATION): TO DEFINE OURSELVES, NAME OURSELVES, CREATE FOR OURSELVES, AND SPEAK FOR OURSELVES INSTEAD OF BEING DEFINED, NAMED, CREATED FOR, AND SPOKEN FOR BY OTHERS.

- 3. UJIMA(COLLECTIVE WORK AND RESPONSIBILITY): TO BUILD AND MAINTAIN OUR COMMUNITY TOGETHER, AND TO MAKE OUR SISTERS AND BROTHERS PROBLEMS OUR PROBLEMS AND TO SOLVE THEM TOGETHER.
- 4. UJAMAA(COOPERATIVE ECONOMICS): TO BUILD AND MAINTAIN OUR OWN STORES, SHOPS, AND OTHER BUSINESSES AND TO PROFIT FROM THEM TOGETHER.
- 5. NIA(PURPOSE): TO MAKE OUR COLLECTIVE VOCATION THE BUILDING AND DEVELOPING OF OUR COMMUNITY IN ORDER TO RESTORE OUR PEOPLE TO THEIR TRADITIONAL GREATNESS.
- 6. KUUMBA(CREATIVITY): TO DO ALWAYS AS MUCH AS WE CAN, IN WHATEVER WAY WE CAN, IN ORDER TO LEAVE OUR COMMUNITY MORE BEAUTIFUL AND BENEFICIAL THAN WE INHERITED IT.
- 7. IMANI(FAITH): TO BELIEVE WITH ALL OUR HEARTS IN OUR PEOPLE, OUR PARENTS, OUR TEACHERS, OUR LEADERS, AND IN THE RIGHTEOUSNESS AND VICTORY OF OUR STRUGGLE.

THE NEXT-TO-LAST DAY OF THE HOLIDAY, DEC.31 IS MARKED BY THE KWANZAA KARAMU, OR LAVISH FEAST ALONG WITH A CULTURAL EXPRESSION OF DANCE MUSIC, READINGS AND REMEMBRANCES.

- 1. KUKARIBISHA(WELCOMING): INTRODUCTORY REMARKS AND RECOGNITION OF DISTINGUISHED GUESTS AND ELDERS. CULTURAL EXPRESSION THROUGH SONG, DANCE, MUSIC, UNITY CIRCLES ETC.
- 2. KUKUMBUKA(REMEMBERING): REFLECTIONS OF A MAN, A WOMAN, AND A CHILD CULTURAL EXPRESSION.
- 3. KUCHUNGUZA TENA NA KUTOA AHADI TENA(REASSESSMENT AND RECOMMITMENT): INTRODUCTION OF DISTINGUISHED GUEST LECTURER, AND SHORT TALK.
- 4. KUSHANGILIA (REJOICING)
 - TAMSHI LA TAMBIKO (LIBATION STATEMENT)
 - KIKOMBE CHA UMOJA (UNITY CUP)
 - KUTOA MAJINA (CALLING NAMES OF FAMILY ANCESTORS AND BLACK HEROES)

NGOMAC (DRUMS)

P930F3

KARAMU (FEAST: CULTURAL EXPRESSION)

5. Tamshi la tutaonana (farewell statement)

WRITE ME DIRECTLY AT:

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100 corrections Drive
Stanley, WI 54768-6500

XXX If your intrested in sending anything for the Holiday /
~~holiday~~ KWANZAA season, please refer to my
"Thing I Need in A Medium Security Prison" Post.
THANKS FOR ALL YOUR KINDNESS AND SUPPORT XXX

- Marcus -

**CORRESPONDANCE &
PACKAGES ONLY**

Catalog Orders/ Property

Inmate Name, DOC Number
Stanley Correctional Institution
100 corrections Drive
Stanley, WI 54768-6500

NOTE: Money order/ Cahier check received
With correspondence will be forwarded back to
sender at Inmates Expense

MONEY ONLY

(CASHIER'S Check/ Money Order)

Stanley Correctional Institution
Inmates Name, DOC Number

P.O. Box 235

Stanley, WI 54768-0235

NOTE: Correspondence received with Money
Order/Cashier will be forwarded back to
sender at Inmates Expense