

(RA) King Speaks:

12/27/12

## Trials And Tribulations - "Good 4 Soul"

Trials And Tribulations are like lifting weights for the soul to make one stronger. I am a fan of ~~exercise~~ exercise mentally, physically and spiritually. This state of mind makes me view obstacles placed in my path as being good for my growth and development. Life is like a mountain climb, you work so hard to get to the top, and then you realize that it's going to be just as hard to get down. Life doesn't stop, everyday is a new lesson. Instead of complaining we should enjoy the ride, because when one indulges in sulking, one is missing the message (gem) of that day, making one incomplete and off balance. Follow the signs, and do the math, this is the formula for life. Understand your role, and fill your position. Know Thyself. Embrace your trials and tribulations. Learn lessons, Not Regrets, Love Your Self. PLACE,

Tyrone MADE Loyed  
#450-170  
P.O. Box 788  
Mansfield, Ohio 44901



