

Caitlin 13
WVCY

12/31/12

MON.

10:35 P.M.

Your comments was well appreciated.
It's only right that I share a very
good story ~~to~~ with you.

(1)

Before I do, let me say this,
I've been working with two groups
trying to band Solitary confinement
in American prisons. As you can
guess, it is a rigorous task,
but an issue that human
beings must address.

I've been in Solitary Confinement
(writing letters, poetry, articles,
poems, reading newspapers, and
doing push-ups) for the last
thirteen years. Just recently,
the prison supervisors let me off
Solitary Confinement.

I've witnessed, first hand, living
in a such state drive
human beings literally insane.
It's a situation that can
empty out the human soul.
Empty all of the Good out of
one. And if one don't have

the knowledge or ability to revive,
one becomes a figure of transfixion.

My situation, in particular, pushed me
closer to God. Can you imagine
that? I had begun to read about
theology, religion, history and much
more. At the current time I'm
awaiting a bed in the general
population. So, while I'm off

Solitary Confinement status, I'm still
in the Solitary building.

My heart is smiling happily.

I read heavy dosages of the Qur'an
and of the Bible. The reason

I did it was because I needed
something to cling on to. I had
hit a low point. Today, I refuse
to be a angry and bitter human-
being. The politics of today, in my
perspective, have human beings hating
each other to the extreme.

Do you believe love can
over come hate?

I'm eager to go to the general
population. I plan to get me a
job, so I can raise money
to buy me a television set.

My old television set is broken, and

I'm the type of person that likes to know what's going on in the world.

With all of the wars, "New trends", bombs, and hostility at an all time high, do you ever wonder just where is the world headed???

(2)

Happy New years!

Al-Amin Akbar

<http://between the bars.org/blogs/285>