



Daily Journal

JAN. 1 - 6, 2013

Tuesday January 1, 2013. 6:04 am

Here we are a new year, yet just another day on the row. Finished my morning ritual. Last night in the mail I received 3 more comments, so I'll reply to them. I also received a letter from a friend whose a priest, who I haven't heard from in several years, so I need to write him work out, and finish a piece of stationary, so I need to get to it.

8:31am I wrote the 3 replies and been working on my new stationary it's coming out really good. I still need to workout. I'm just so sore from the past 3 days. I'll just be doing legs cardio and abs. I didn't even watch the news this morning. That crap seems to just depress me. But it's the only way to keep up with current event's. I'm going to get back to this stationary and I got a card started that I need to finish up either today or tomorrow.

10:27am They just passed out cleaning supplies and as Officer Brown and the runners were going out the back door, the officer in the control room opened my cell door up. They've done this about a dozen times since I've been on heightened security, which shows that this heightened security is bull shit! Well back to my art work and passing time.

11:40am Just finished my new front page for the Daily Journal. I'm having it copied in color and it's bad ass. I painted it. People won't see it until February. By the time I send it out, get it copied, get it back and start using it, - it'll take a month. Georgia + Nebraska play at 1pm. on ABC, so I'm going to watch that while either drawing or writing. I'm working on another piece of stationary and putting the back on one of

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my cards, so I need to finish that, zip and I still need to workout. Thirty years ago today what I would give to go back to that day. I was 14 years old racing BMX, yes I was into drinking and smoking weed but if I knew what I know now, I'd have gotten me some help oh well. That just popped in my mind cause I looked zip and seen on T.V. 36 years ago, January 1, 1983.

4:36PM just finished eating. I've been doing art work the majority of the day. I worked out for about 45 minutes. I've been sitting here watching this foot ball game and doing this stationary. I've got 5 or 6 pieces of stationary out right now being copied. I'm going to walk for 30 minutes and then wash cloths and bath, get in bed and call it a day. January 1, 2013 just another day on Florida's Death Row, uneventful and down right boring.

* WEDNESDAY January 2, 2013 4:35am I got up at 3:30 did my daily ritual of washing zip, cleaning this cage and watching ABC America this morning. We have sheet exchange today. one of the days I have to make the bed twice. I've got a couple of pieces of art work that I need to work on, a couple of letters to write and a workout to do. This is the first time in a few weeks that I had a suicidal thought in the morning. It was no big deal, just a passing thought.

8:30am just did sheet exchange and made my bunk. I was doing some work on a card. I wrote a letter to Brother Otto and a card to priest Friend. I really need to stop and get to this workout.

4:40PM just finished eating. I worked out earlier for about an hour. After lunch my stomach was really messed up, so I layed down for a while. Then I got up and worked on this card. I wanted to get it out tonight, but that's not going to happen. I'll try to get it finished up tomorrow.

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I want to get my shower come back get under the covers and call it a day. Right now I'm going to walk for 30 minutes.

* THURSDAY JANUARY 3, 2013 5:00am. I've been up since 3am. I'm just getting up when others are going to sleep. one idiot down the hall is singing. I didn't get my shower until after 8pm. it was suppose to be back to front, but they started front to back. I'm in the last cell, so I'm last in the shower. I came back and went to bed. when I woke up at 3 I had two letters on the door. I've already made the bunk. I've still got to clean the floor. I'll do that after breakfast then I want to finish this card up. workout and do some writing. Canteen should be here today, so got that to look forward to. And here's breakfast.

6:50 am just finished writing another request to warden Andrews, I'm hoping she will allow me a polygraph test to prove that these last 8 DRS were reprisal DRS written by a bunch of unethical criminals portraying as correctional staff. All because I stood up to warden B.V. Reddish whose an unethical dishonorable criminal. I want to prove the assault's, strip cells, destroyed property and legal file was all acts of reprisal. oh well, see what she says. so far from what I've seen she's restored some integrity to ICT, which there was none under Reddish. low life scumbucket. I'm not watching any more of the news today they keep talking about sandy Hook. Too damn depressing. I've continued to think about it, every day. I feel for those families, I got the best solution for getting rid of guns. yet giving people security. we get rid of the guns and make it a law that every US citizen train's in martial arts. It would get them off the couch and get them in shape and with everyone

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Training this country would be alot safer. We put sub stations in every neighbor hood. where assault rifles are stored, in order to get to the weapons you have to have 3 keys to open it. Five citizen's in that neighbor hood will have the keys and only the people in that neighbor hood will know where the sub stations are located. That way's if an invasion ever happens, people will be able to fight for themselves. Just something that crossed my mind. Cause as long as the country is not under attack, the only people that need's gun's is law enforcement. At least this keep's children from being slaughtered. I know the NRA gun nuts will disagree, but gun's assault rifles and pistoles are made for killing people. oh well that's my take on it. which doesn't really matter. I'm going to get back to work on this card.

9:33am / Canteen just left. Before that there was word of a shake down, which turned out to be bogus. I was writing a letter, sgt came by here at 8am talking about cell inspection's, so maybe that's where that came from. you've got to be careful around here, guy's will report something before they have all the fact's. which is something that the media is bad about. Now day's it's about getting info out fast rather than accurate. which is just so wrong. when I hear something just like the warden Barry Reddish rumor. I asked about a dozen other officer's and the one's who admitted to knowing about it, told me the same story that the first sgt told me. and I never wrote that it was fact, I stated rumorville has it ect ect. and that staff by spreading this has no respect for warden Reddish. oh well.

11:08am, The mp3 man just
so I'll get my new music

picked up the players
today. I got some

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good music coming so I'm looking forward to that.

3:15 PM Got the MP3 Player back at 3 PM. I didn't get the 20 songs that I ordered. He said if showed up tomorrow he would come back and pick my mp3 up and hook it up. I did get the seven songs that they had on back order. I've just been sitting here working on a card. I was talking with a guy down the hall whose my age about racing BMX bicycles when we were kids. Now that I got my mp3 back I'm listening to my new music. I need to do a workout. I still haven't done anything. Only one guy went to rec over here.

I would have spent out had they let me.

4:35 PM Well I didn't workout, and I'm not going to. I'm fixing to walk then wash up and get in bed and call it a day. I really should have accomplished more today. I hope to get some mail tonight, and to have a more productive day tomorrow.

* FRIDAY January 4, 2013 6:00 am I got up this morning to find one letter on my door from between the bars with some comments, so that's what I'll do this morning is respond to them.

Then I'll workout and do some art later.

Right now I still need to clean the floor, sink, toilet and bars, so I'm going to get to it.

10:56 am I wrote up 3 replies, and then was working on a card. I need to get up and workout, or either get back to work on this card.

12:35 PM I just wrote a blog "About my trial and appeal. I need to go through my legal work and try to find documents that I'm going to use to show my follower's how poorly Henry Davis represented me. That SUFF is just a mess from Reddish's Administration destroying it.

3:31 PM Just finished a little exercise session. I need to do some more.

Killing me. I need surgery on it. I

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just dont want to get it done. I had surgery on it in 2006. The first surgery I had on it was 1985. when I was 17 my knee is shot. Tonight is shower night. I might watch some of the Oklahoma game. I didnt watch anything last night. not even the world news. I layed there listening to music until I fell asleep.

* SATURDAY January 5, 2013 7:50am. Damn knee is killing me. I didnt even want to get out of bed. I just got up and made the bunk, and I'm considering getting right back in it. I'm not sure what I will do today, if I'll do anything. I didnt get any mail last night. I was hoping to get some more stationery, as well as some envelopes. maybe Monday.

8:23am just found out that Jesus Delgado committed suicide last night. Guy down the hall said he had just seen him out in the visiting park a few weeks ago with his mother. I'm not sure how long he's been on the row. cant blame him for wanting to end this crap. He was up stairs on this wing. when Willie Davis killed his self he was in that same cell, or right in that area # 6204. I'm surprised there's not more suicides here.

* SUNDAY January 6, 2013 7:09am. I just got out of bed. yesterday I wrote my man, the people running between the bars. I then got back in bed where I stayed all day. Jesus committing suicide just put me in a state of depression. Not sure I'm going to do anything today. I've got to clean this floor and wash some cloths which I didnt do yesterday.

11:40am just finished eating. I did get off my ass and workout. Not the best, but at least it was something. I'm fixing to sit back and watch the NFL Pregame. I'll then spend the day watching football. I doubt that I do anything

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other than that, still got to wash cloths and wash
up. I'll do that a bit later.

4:48 PM, Here I am calling it a day. Fixing to
bath and get in bed watch some Football and
go to sleep. Right now I'm fixing to get my mail
on the door. Just another day on Death Row.

