

Clouded Views by Ronald W. Clark
I sit on death row day after day
Watching my life waste away
Yet I think back on a life I once had
Where times now don't seem so bad
Thinking of all the love I had
But the drugs surely clouded my view
And ruined my life and others too.
Written 8/11/99 ©2000



"Life As I See It"
Life as I see it surely can't be
The way we live life back here unfree
For this is truly not a life
And anyone can see
That life back here just isn't meant to be.
© 2000 Ronald W. Clark 12/25/99

Page 1 OF 2

Friday

January 4, 2013


Dear SAH

still loving you girl!" But it's quite obvious to me that your hurting, that you have some mental and emotional issues. For your spending time here on between the bars criticizing prisoners and leaving hurtful comments is not really productive for you or the inmates. I think your time could better be used in therapy and self healing. For this is not productive behavior, it's destructive behavior. For if you have such issues that are drawing you to a prison blog site where your sole purpose is to inflict pain, heartach and suffering upon an individual who is already suffering, then you clearly have issues that are not beneficial to you, your children or grandchildren. And I'm not criticizing you with malice. I'm telling you with loving kindness, one human being to another. I know you may not want to hear this, but the facts speak for themselves. 1) Between the bars is a prison blog site 2) your spending valuable time on prisoner's blogs reading them, just to criticize and put the prisoner down and try to belittle them. 3) your not asking questions to try to understand the prisoner, no your comments are solely about attack and negativity. I don't mind because it's giving you a place to vent, but I believe you would be better served getting help. Life is too valuable, time is too valuable to be wasted like this. the time you spend over here at between the bars reading my Daily Journal and other's blogs just so you can attack us with negative comments could be spent else where, and used in a more productive and positive way. And I don't know, you may use some or most of your time doing good deeds homeless shelters, animal shelters ect. Although I doubt it, cause people that engage in positive acts seldomly turn around and engage in negative attacks. But that's irrelevant, your alams are your alams. what is relevant is you are truly a tormented soul, who

wants to inflict pain upon others, because deep inside your hurting. I recognize the pain, I know it all too well. Your inflicting hurtful painful comments upon me and others is making you feel better, I don't know what skeletons you have in your closet, I don't know what's haunting you and tormenting you, and nor do I need to know. I'd gladly help if I could, I'm no trained psychologist, but I can recognize your pain and suffering whether you want to admit it or not.

From one human to another SAH, I Love you! Get yourself some help. It's too late for me, I'm a lost cause, I'm the unforgiven. You on the other hand have a life, don't squander your time spewing hate inflicting heartach upon men and women on between the bars. Please take care of yourself and know you're in my thoughts.

In Peace and Love

Connie 

My pain begins so deep within
 Within my heart, within my soul
 For as a child my innocence was stole
 So I've caused more heartache
 across the miles
 I've brought more tears
 than I brought smiles.
 Yes, even as a little boy,
 I brought more tears
 than I brought joy
 And yet it seems
 like such a bad dream
 But that's the life,
 the life I've seen.
 For there's so much pain
 deep within,
 That I just touched
 on where it began.
 For even as a little boy,
 I felt more pain
 than I felt joy.

