

Donald Clark
January 7, 2013

Daily Journal

January 7-10, 2013

monday January 7, 2013 5:22am just sitting here waiting on breakfast. already washed up made the bunk and all that. I'm fixing to try to find someone who can help set up and run a blog. what I want is a blog that's going to be up years, no decades after I'm gone to remind people off the death penalty. and I want to leave a record of what all took place here. Plus I want a blog site that when cyber bullies leave comments they have to leave their name. Take responsibility for what they write and not cover behind a pseudonym. I don't mind people writing what they feel. I just think if your going to say anything, then you should have to stand up and say "yeah I said it." Pseudonyms allow cyber bullying, and I personally don't think pseudonyms should be permitted. But that's my take on it. What I say or write I stand behind. I stand up and raise my hand and say that's me. And anyone who has an opinion should be able to come on my blog and express themselves, but they should have to be accountable for it. Cause I think a few of the negative comments are left by Reddish's henchmen, which in all rights are nothing more than criminals themselves.

6:52am I ate breakfast cleaned the floor and walked for 30 minutes. Not sure what I'm going to do. write draw or workout. my options are not many. I really don't feel like doing any of it. I'd like to go outside. The good thing is my knee isn't hurting as bad as it was yesterday. I'm sure Jesus' mother and family had a rough weekend with his suicide. Theres Americas justice system at work where the high school football 2 year old girl. And if out cry, then they under the rug. The America sucks. walk. we

stars raped that 15 there wasn't this public would have swept it justice system here in money talks and suckers have the best justice

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system in the world at screwing over the poor and making it all look so good, one nation under Fraud!

10:30am There's an ACA audit team in here today. It's just a bunch of BS and away to scan the Florida tax payers out of money. For the American Correctional Association (ACA) standards for Adult Correctional Institutions is a useless organization that the prisons have to pay out to be audited and ACA certified. Which means nothing. A garbage certificate that has about as much use as a sheet of toilet paper. Now we have to sit around in our Class A uniforms waiting on these idiots to do a so called inspection. This is how bad it is the prisons in the 90's were complaining about how hard it was to meet ACA standard's. That the ACA lowered their standards. Which speaks for itself of Fraud.

5:00PM Finished eating, waiting on showers after which I'm going to come back and go to sleep.

Tuesday January 8, 2013 7:30am. I've been sitting here writing a letter. I got 2 letters in last night. I didn't read them until this morning. yesterday I didn't do anything. I really need to get a few things done today. 5:30PM. I haven't accomplished a damn thing today. They had count and recount and lunch didn't get here until 2:30 canteen showed up at about 1:30. I'm fixing to lay back and watch some TV and go to bed.

Wednesday January 9, 2013 7:56am. I'm dragging ass again this morning. Jesus, suicide is messing with me, suicide is something I think about way too much, it's a means to end this crap. I put my music on last night about 6PM. and fell asleep and his suicide. I year's back, I was thinking about suicide, was making a noose and preparing to hang.

thinking about Jesus
remember about 4,5
laying there just think-
when I got up and
a noose and prepar-
myself, not actually

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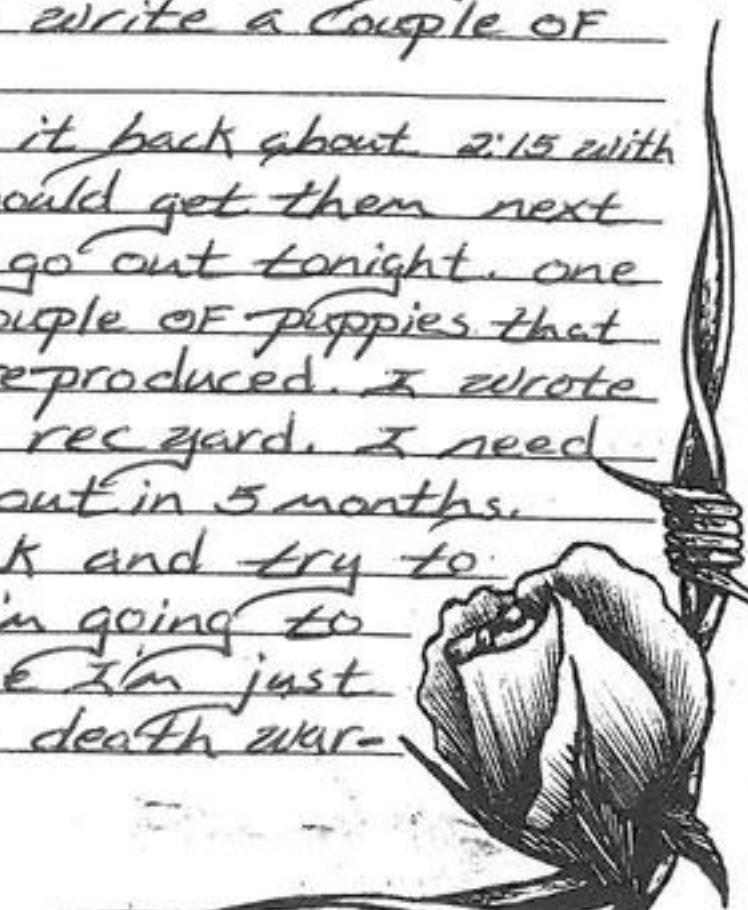
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realizing that I was going through the motions. I went from thought to action without trying, which is scary. I wonder how many people kill themselves like that, where they are just hurting and thinking about suicide so much, that they begin going through the motions of preparing and then doing it without realizing what they are actually doing. I bet that happens a lot. I don't think that's what happened with Jesus, cause he mailed a lot of his property out ect, so he planned it. Well I've got to get a few things done. Now that I have some envelopes I'm going to get a few letters or cards out. I got zep at 4:30 and did my morning ritual of cleaning zep.

10:56AM I wrote a couple of cards. Other than that, I haven't done anything. The guy's are on the rec yard. I still can't go out. Cause of warden Reddish's jackass unethical conduct. Punk!!" Hopefully I'll be OFF this tightened security next month. For I'll have been six months D.R. Free. From what I heard yesterday The FDLE (Florida Dept. of Law Enforcement) is out here interviewing inmates who have been assaulted under warden Reddish's reign. I'm thinking about writing the FDLE to get them over here to interview me, cause that punk ass Reddish had me assaulted twice. And I'll back that up with a polygraph. In fact, I am going to write the FDLE.

THURSDAY January 10, 2013 3:24 AM Just sitting here waiting on breakfast, having a cup of coffee. Yesterday was another very unproductive day. And the way I'm feeling right now, today will probably be the same. Yesterday I broke my fan cleaning it, then I spent several hours fixing it. Finally got it working. I have an order in for the new one. I need to write a couple of letters.

2:39 PM I sent my mp3 out at 12PM I got it back about 2:15 with 16 new songs. Four are on back order. I should get them next week. I've got a couple of cards ready to go out tonight. One to my Dad. I'm sending a card out of a couple of puppies that I did several weeks ago to have them reproduced. I wrote my friend John. The guys are out on the rec yard. I need to get out of this cell. I haven't been out in 5 months. I really need to get zep out of this funk and try to do something. Can't keep doing this. I'm going to have to get back on the prozac. cause I'm just not doing well OFF OF it. I know a death war-



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rant is going to be signed any day, and that's not going to help me. This life and my existence is one hell of a mess. I'm going to lay back listen to my music and pass some time.

4:47PM just finished eating. I think I'm going to wash my clothes wash up and lay down and call it a day. I spoke with SGT. Lee when they brought the guy's in from the yard. He said I'd be reviewed next month since I'll be six months DR. Free. Warden B.Y. Reddish can crame these & Fraudulent retaliatory DR's zap his criminal unethical dishonorable act*! That's the way I feel. I don't care whether people like it or not. They assaulted me out of retaliation, placed me in strip cell's, destroyed my property and legal File wrote Fraudulent lying unethical DR's messed my mother's visit up. Cause he's a low life unethical b—. And I wouldn't be surprised if the DUI rumor's "that his own staff spread about him" was true. oh well, and I don't care who like's it, Cause the fact is, I'll take a polygraph and pass it to prove the assault's and other retaliation that I endured at the hands of this criminal warden B.Y. Reddish. Well I'm going to put this on the door and call it a day.

