

Reply ID:

Jan 16 2013

solitary

panel

DEAR SIRS

my NAME is Guy S. Alexander
I HAVE BEEN IN PRISON FOR 23 YEARS
my MOST RECENT stay was AT the
Allen B. Polunsky Unit in Livingston TX
my 1st prison was Ellis one in
Huntsville TX.... my SENTENCE OF
DEATH WAS OVER TURNED IN MAY
OF 2012 I am CURRENTLY back in
my HOMETOWN OF Houston.....

At Polunsky was the
Prison that is Solitary in a way to
describe myself it was to take
AWAY MORE OF your dignity than
Anything.... Mental & Long term
ISOLATION OF HUMAN CONTACT....
We had NO TELEVISION, OR GROUP RECREATION
NO CONTACT VISITS, THE CELLS WERE
10x7, A SMALL NARROW WINDOW AT
THE TOP BACK OF THE CELLS... they
made a day feel HORRIBLE by the
SO CALLED PARANOID RULES, the PDS
AS they CALLED them housed 64
but it WAS 42 CELLS on ONE ROW
of 42 on 2 ROW tiers and divided
into SECTIONS LETTERED A THRU F
EACH SECTION had 14 CELLS WITH

each having their own day room in front, we got 2 hours per day up to 5 days, designating a day your section don't rec and Sunday no one rec's only shower's if you wish?

And you didn't have to rec or shower, that's something I felt was wrong because not only does it affect that person it affects all because of the chances of everyone else being around him...??

Solitary can lead to more harm to ones minds, I have seen this on both prisons, I'll explain in more letters.....

if I may ask all the distinguished panel speakers to tell me more about themselves it can allow me a better understanding of each individual too, my means of corresponding is by hand, I was in solitary for 12 years.... as of now too, I'm in the Harris County Jail... in a cell 24 hours a day and it's bad, they don't even have

And here I asked about why there
 is no circulation vents, being
 with the flu season this jail is
 enclosed..... I do have a TV and
 it helps, but a person needs
 input, friends to write & see
 & talk to them, feel free to
 write and tell me who you are
 I can write & tell you more of
 my experiences. I hope what
 I have written can give you a
 idea of my world?

is the Harvard School going
 to be reading the posts? The
 audience can write... I would
 like to know or answer any
 questions they like to know?

Write to me at my postal
 Address..... Guy S. Alexander Spn 00755699
 1200 Baker St. 2J1-m
 Houston, TX 77002-1217

Thank You Guy