

Ronald W. Clark
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"YOUR Better Than That."

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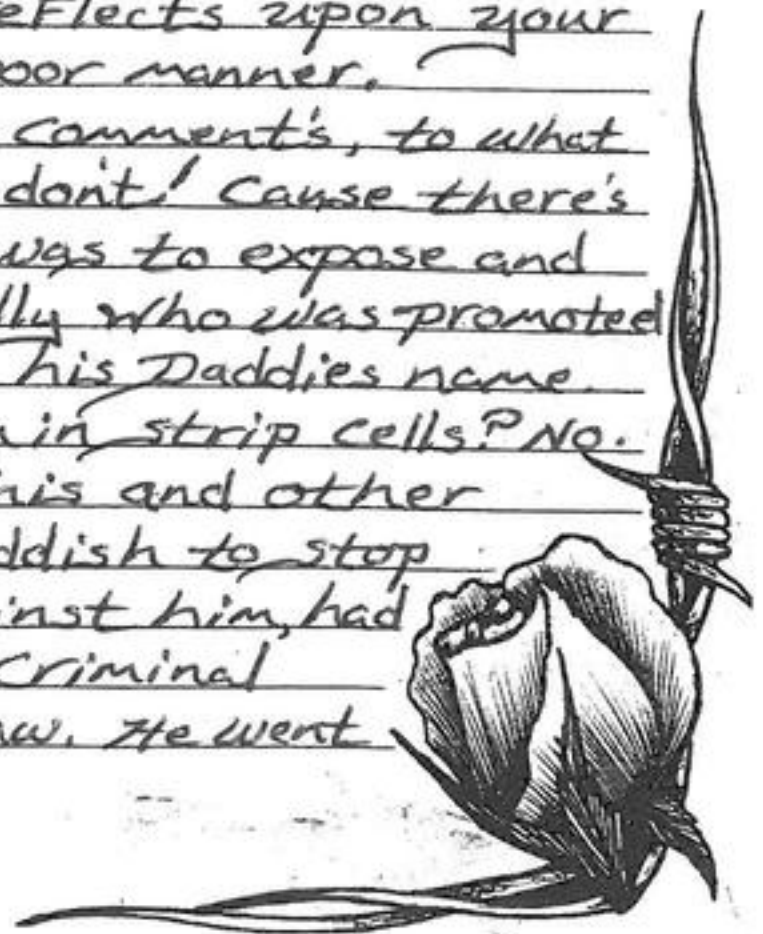
Really - its like that?!" you want to continue on, following inmate blogs, being little more than cyber bullies spreading hate and ill will towards your fellow man. you people are an emotional and mental mess. you would be far better OFF seeking some type of help.

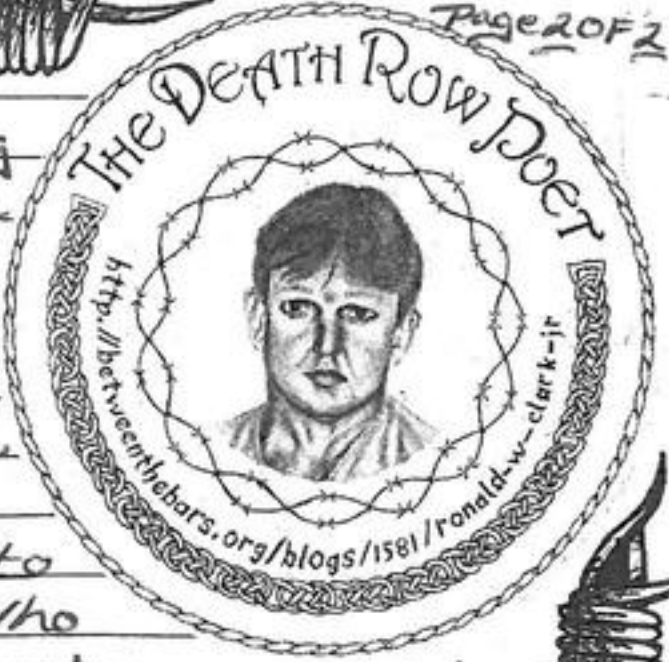
Look what your doing, your spending valuable time on inmate blogs time that's taken away from your children and family, and your sole purpose is to come over here with childish juvenile name calling and spreading hate on the internet. The problem's you have is obvious to the rest of us, you have such low self esteem, you don't like yourself for one reason or another, and the only way you can feel good about yourself, is by trying to make others feel bad. And you do this by coming on to an inmate blog rubbing salt in the wound trying to inflict further suffering. "Loser?!" Baby you need to go look in the mirror and recognize that you got some serious issues that need to be addressed. Maybe a trip to the DR. Phil show and some serious therapy will get you on the right track, see I realize I got issues and skeletons that haunt the hell out of me. I look in the mirror every day, I know my flaws, I don't like what I see in the mirror, but I don't bully and belittle anyone to make myself feel better.

you people who have lives or should have lives, should be doing something far more productive with your lives than coming over to between the bars throwing stones trying to inflict further pain into the lives of men and women who are already suffering. your behavior reflects upon your self as mothers, fathers ect in a very poor manner.

And to those who try to compare your comment's, to what I write about warden Barry V. Reddish, don't! Cause there's no similarities. my goal with Reddish was to expose and stop the abuse. He is a coward ~~at~~ bully who was promoted up the chain of command to warden on his Daddies name.

Have I assaulted you? No. Placed you in strip cells? No. victimized you? No. you come on this and other b7c blog's on your own free will. Reddish to stop me from blogging and speaking out against him, had me jumped on and assaulted twice. A criminal act. A violation of state and federal law. He went





over board reprising against me committing unlawful acts. So what I did, you can't compare with your bully acts which have no purpose other than to belittle people and make them feel bad about themselves.

You are clearly sick, you need some help. So please, for everyone's sake, seek out some counseling. I'm really trying not to be harsh. It's not like anyone knows who you are, you do get to hide behind a pseudonym, which is something I personally don't like, for I feel it encourages bullies.

But come on, you're better than that, or at least I'm hoping you are. With that I shall close. I send you peace, love and happiness and wish you the best.

In Peace & Love,
Ronnie

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