

HAPPINESS

It is a state of well-being and it is pleasurable, achieved best by "Life of Contemplation." You will be inclined to put the most favorable construction on actions and events and to anticipate the best possible outcome of it. Anticipating the best to happen and minimizing all other possibilities. Because it exerts an irresistible and compelling influence on you. You feel keenly alive and brisk, marked by lightheartedness, ease of mind and spirit. It elevates the spirit, indicating high spirits. It is intense exaltation of mind and feeling, continued in a state, enterprise, or undertaking in spite of counter influences, oppositions or discouragements. It is not bound by authoritarianism, orthodoxy, or traditional forms or imitation intended to mislead or deceive. It rejoices especially with feeling of displaying of triumph and self-satisfaction; characterized by expressing to mood of one who is pleased and delighted. It is profound and pleasantly moving, causing you to show mirth, joy, or scorn with a smile and an usually explosive sound. It is found within yourself, so start there. That when it is pure and true.

Cooper-1517361