

1-29-13

What do you think about when you hear federal prison? Do you think about swimming pools, and high ranking CEO's doing a little time for mismanaging funds? Do you see the young girl who at 18-19 got caught up in something bigger than her? Someone who caught a case with the 1 person who was suppose to protect her. Well I know that when I think about Federal Prison I think of my number - 08888-046 and my last name Halling because that's all I am I will never be a person for the next 21 years I will be this name and number and this place for 21 years will never let me forget that. When we get ~~released~~ released were suppose to go from this name and number to being people again. They tell the tax payers oh we rehabilitate them. they do class, we teach them to be better than they were. really what class's do you give me? 8wks for 1 hour 1 time a week I go to anger management? and for 12 wks for 1 hour 1 times a week I do stress management where we don't talk about why were here or what led us to commit the crime



We committed. those 2 class to me do not mean that i'm rehabilitated. my friend just left after 7 years. I watched her pick up her release clothes and walk out the door. She ~~finished~~ did these 2 class's stress and anger management. does that mean she's rehabilitated? one thing that really sits with me was something that she said before she left. her case manager said they really dont know what happens to us after we leave? what? most who leave are going to a half way house so we still are just a name and number. They just opened the gate and said sink or swim. but if you sink then its your fault cuz we rehabilitated you with those 2 class's. but if you swim they a pat on our backs. how can they approve any half way house without really knowing how they are treating the name and numbers.

I am 27 years old. and am a name and number Halling-08888-046 I know that I have no rights. I am degraded every day by the "Officers" who take this job to keep us safe



yes we committed a crime, yes we are paying society back for our harm but does that mean they have the right to call me names or make rude ~~comments~~ comments to me because I'm a name and a number?

well this name and number wants to make it out there really wants to go back to being a person. well 2024 can't come soon enough when I can be Amber Halling the person not Inmate Halling 08888-0416 E Unit F.C.I Dublin