

We need to ask ourselves why...

Every so often I will find myself feeling anxious, but not sure what I am anxious about. All too often I just except those feelings and muddle through the best I can. That is living life in a distracted state of being and not good. What is a person to do?

The next time we are feeling a bit out of sorts, how about we stop and examine ourselves and our relationships until we identify the problem area and deal with it. The world wants us to believe that a semi-depressed state of mind is the norm and we should except that as par for the course. Now if you (me) are living with all our thought dominated by thought of this world that will be the norm. We are called to higher living and what God calls us to ~~We~~ will enable us to do.

This has not been a one time lesson for me. I usually need reminding about twice a month. Sometimes twice a day! God wants us to be joyful in every circumstance and we can not do that if we are taking a worldly view of things.

So the very next time a co-worker says something hurtful, or our room mate is inconsiderate, lets not dwell on the injustice of it all, lets ask ourselves what God would have us learn in this matter. When we look at adverse situations with this mind set we can indeed live each minute rejoicing, even in those trials and tribulations.

We are not quite there. Yes, I can include you in this statement because the WORD says we all fall short. It also says that one fine day we will live with Christ, all tears gone. Yet I hope that even then I will not stop learning to be more like Him. Stay strong and rejoice in the lessons life brings.

God bless. Num 6:24-26