

Reply ID: wiac

Paxilqueen-Melissa

I thank you sincerely for your comment you left. I don't usually hear from someone so it's always nice to be able to. I've never studied any type of near-death experiences with anyone but I used to be deathly afraid of dying. I used to feel like every-time I would close my eyes and go to sleep I would never be able to wake from my sleep. This happened to me usually as a younger teenager. I don't know how or when but it went away all on its own. But ever since I was little I have always had problems sleeping. Even now it's takes me no less than 30 minutes to fall asleep unless I'm either really tired or on some medication of some sort. Like you I have attempted suicide but haven't done so in such a long time. I wouldn't sit here and say years and years have passed but when you measure time like I do every day seems to me as though a thousand years have passed. Then there are times when it seems like so much time has passed I lose track of it or then at others none at all. I am sure it's normal for almost anyone but with me this is very unsettling at times. Luckily this is not a hinderance to me. I have tried my best to let the blood of Jesus atone for my sins and wash away them but I feel like sometimes what's the point in allowing all this to transpire if I am just going to sin again? Maybe I am alone in my thinking. maybe it's another twisted way I think of things like that. I don't know for sure. I have numerous scars up and down my arms which at times I find myself hating both them and me even more than I already do. But they

serve as a reminder of my past--sins or otherwise. I can't sit here and say I regret them but then again I won't sit here and say that I don't. Like you, I have a multitude of emotional scars. Some I know will never be healed. I suffer from PTSD, depression, and bipolar disorder. I take 3 different medications right now that have taken me a long time to get stabilized. It's a long never-ending battle for the fight of my life. I know I don't want to resort to the things I have done in my past. But the hardest part for me to accept is that I really feel like I will spend the remainder of my life alone. There are so many reasons I say this. And trust me I don't do so lightly. I never make an assumption without having some basis as to why I do so. Thank you for your support towards me. It is much needed. I extend the same in return. I know you don't know me but I am here if you ever need an encouraging word or just someone to talk to. I know this form of communication may take a while but I am still here regardless. I am a pretty good listener no matter the situation. Read Isaiah 30:18 & Jeremiah 29: 11- 14. I don't know if you read the bible but these may help you through tough times. May God bless you and keep you. I am always here.

Sarah
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