

7th
post

2-10-13

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They have Moved Me to another unit - They turned the old step down unit into the hole, I Assume they have decided that there is no need for step down, because they hardly let anyone leave here anyway - That seems to be the way of our prison system, Solitary confinement has become the go to.

This is the harshest form of torture to the mind (that is not seen as torture), All these years locked in a concrete box alone does no favors to the being -

How this is humane or cost effective I do not know, To my way of thinking this is an evil, cruel punishment worse than death - Being a prisoner hurts to the soul, but being caged in a concrete coffin until you die, treated as though you were a monster, tortured by loneliness, dying slowly, losing your truth, is without a doubt painful beyond words.

There are not many men who feel this cold truth who do not shudder under the painedess of it - It leaves scars deeper than any whip -

Really I can not understand why or how this concrete box is helpful -

If there is a God Maybe this God will explain -

Remaining
Jesse