

The Unspoken Tears

I often wonder how do you express yourself, when nobody wants to hear what you have to say. All the children being abused, molested and raped. Do we really want to hear what they say? The women and men who are being abused physically, emotionally or mentally.

Our Americans who have lost everything, that are currently homeless and hungry. The incarcerated prisoners who was represented poorly by a paid or indigent attorney. Do we really want to hear what they have to say? There are people who are really losing their minds because nobody want to listen to what they have to say.

What about our soldiers who are devastated because of their stay was so long overseas. Till they lost everything including they are disabled. Is every soldier honestly being heard or helped? Do we really want to hear what they have to say? Our Correctional officers who have to deal with some of the most dangerous criminals. But haven't had a raise in 10 years. These people spend long hours away from their personal lives plus their jobs are not safe.

Do we really want to hear the people who is thinking about suicide, such as the one who lost his or her job, the juvenile who commits a crime to get away from a terrible environment, the runaway teenager, the mother or father who lost their children to a unexpected death, the inmate who is asking for help daily, the gay person who is stuck in a abusive relationship, the prostitute who is bound by drugs, the drug addict, gang members or mental health client.

These are the people who cry themselves to sleep at night
when nobody seems to understand them. The tears are
unspoken because how many people care to even listen!

written by Jennifer Johnson