Bro. Min. Khalil S. Allah (#DX-9353 Davalin C. Bennett) P.O. Box- 1000 Houtzdale, Pa. 16698-1000

Re: Contribute to panel discussion on Solitary Confinement Reply ID: SolitaryPanel

My name is Bro. Khalil. I have been incarcerated since 1997. For the alleged accusations of murder of another african-american like myself. I was sentenced to a life w/o parole punishment.

The very first time I was unwillingly placed in isolation was when I went to juvenile placement. I had just turned 18 years old. This affect occurred because I was said to be uncompliant with the orders of staff members after I was instructed to get off the telephone when my approved time was finished. The staff disrespectfully hung the phone up on my family. So I slammed the phone on the ground. I was placed in a small 'bathrooom' size cell to what they"cool off". I ended up in this compartment for 72 hours. Within the completion of 2 hours: my mind started playing tricks on me. I begin to hear voices in my head. By the time I was discharged I witnessed my first sings of conversation with myself.

My next encounter with what us in prison label as: control unit was in the Allegheny County Jail for fighting another inmate. My very first experience in juvenile was a single cell with 'no' one else to talk to. However, this time I could socialize with others to not only to 'try' to hold a measure of sanity, but to also 'help' the time pass more easily. I spent 60 days this trip and just like going to prison for a blackman, I now gained myself a portion of prestige and coolness! I went to the isolation unit several more time at the County jail before I would test out the "hole" in the big house in state facilities or institutions. Such became a whole new ball game of lock down.

Up state, is what we called it, was intense when it came to force and discipline. Their lock down meant just that-locked down for periods unexplainable and unconstitutional. God didn't even punish his enemies as much asstate' facilities sanctioned us. The least time I've spent in the hole was 15 months straight and the most is $7\frac{1}{2}$ years straight. I painfully watched and suffered the guards deny us food trays, water, proper heating/cooling in the cell, beat & whip us, call us derogatory and racist names, serve food that was not sanitary, tamper with food & drinks, throw our mail in the trash, hold mail longer then supposed to for punishment purposes, and the list goes on and on.

And as my comrade George Jackson once said: "my reflexes will never be the same?" Solitary confinement is truly torture to say the least, I definitely stand with those who seek to have it abolished.

I thank every last one of you for your time and patience of listening to my quest for freedom, justice and equality. This discussion is worth it and more must transpire.

Question: Those of you on the panel, in consideration to my proposal to put together a legal committee connected with societies law professionals, which has been posted on my between the bars blog, is there any possibility that such a proposal can come to fruition with your assistance?

Love, Peace, Happiness & salutes!!!

IN Solidarity

Bro. Min. Khalil S. Allah