

F-27-13

"Perfect Day Prayer"

Anonymous

Today is my perfect day
because I choose to create it as perfect.
I choose peace
by allowing Your will to be in my life today.
Dance through me, God. Breathe through me.

Today you are my speaking and my listening.
I know that you go before me
blessing each moment and smoothing my path.
I delight in being a part of your Divine Plan.
I am surrounded by feelings
of fulfillment, abundance and freedom.

Today is a turning point.
Miracles meet me wherever I go.
I accept your indwelling presence.
My mind opens to your wisdom.
I feel sage and innocent.
I give myself permission to relax, take breaks, and to have fun.

Your voice calls out to me when I forget
and I fall deeply into your loving arms,
finding a peace so deep and still
that I am no longer disturbed by the world.

Your inner presence provides an energy
and blessing wherever I go.
My friends and family are profoundly touched
by your love as it flows through me.

Today is my perfect day because
I choose to create it as perfect.