



# Daily Journals

March 8-14, 2013

Friday march 8, 2013 5:11am just sitting here watching the news and waiting on breakfst. I've been up since 4am. made the bunk cleaned up my cage. Didn't get any mail last night. I've got a couple of letters to write, several organizations that I need to write, so that's probably what I'll do today. I had a dream this morning that I was smoking weed, when I have them dreams of smoking weed or cigarettes I wake up mad at myself and then I'm relieved that is only a dream. Well heres breakfast.

10:58AM. I started a letter to mom this morning. I just finished part one "How The Bible Destroyed my Faith" The Christian Community is going to hate me, and be ready to stone me. But I'm sure others will enjoy the knowledge that I'm fixing to share. Now I'm just waiting on lunch and trying to decide what to do next 1:28PM. Just finished Cleaning the floor up, before that I was going over and researching PART TWO How The Bible Destroyed my Faith, that's going to be on the Resurrection. I'm considering exercising. Right now I'm going to do some walking, and take it from there.

4:15PM just finished eating. I did a little cardio exercise earlier. I then did some reading in the bible just to see how I'm going to write this next piece then I was looking at some other issues that I'm going to be writing about. There's a lot to cover. I threw away most of my essays that I had written. I was moving away from all of that, but here I am getting right back into it. well I'm going to lay back, watch Ellen then the news. we shower tonight it's back to front so I'm first. When I get back I'm going to sleep.

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March 8, 2013



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SATURDAY March 9, 2013 8:39am. I had a bad night's sleep. I woke up at 1am and couldn't go back to sleep. Finally at 3PM I got up. I watched some TV. Then wrote mom and crystal. I just finished cleaning this cage, I'm fixing to write Anne. I also washed some cloths. I have another T-shirt to wash. I'm considering exercising this morning. At 10PM there's a basket-ball game on that I'm going to watch and another one at 2:30PM, so anything I'm going to get done, I need to get done this morning. 12:51PM. Just finished exercising. I did cardio and push ups. Now I'm going to have to wash cloths and bath. I'm watch the Florida Kentucky game, but listening to music. The game I'm really interested in is The Miami Hurricanes who come on at 2:30. I may do some more push ups. I was standing at my cell bars, I can see the Population visitors out there. Looks like it's a really nice day, sure would like to be out there.

3:51PM. Just sitting here watching the game. I wrote a couple of organizations. I need to write a couple more tomorrow. I've still got to wash cloths and bath. I'm waiting on dinner, so I can throw the potatoes and corn in my stew. Once I eat I'll wash cloths, bath and call it a day.

Sunday March 10, 2013 8:05am. Just finished a letter and wrote a card. I didn't get up until 5am. which is normally 4am, if the idiots would leave the damn time alone. I've got a few cards to get out of here today to organizations. I need to exercise this morning. I'm going to pass the day watching some basket ball and then Auto Racing which to me is all about "Danica!"

10:30AM I spent the past couple of hours going through a lot of my religious notes that I took years ago. There's a lot of

Donald N. Clark Jr.  
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STUFF missing, so I'm going to have to go back and read over a lot of STUFF. Not so sure about all this work I started, so I might as well finish. 2:53PM. I haven't accomplished anything. Just sitting here waiting for this race to start. Listening to my music while waiting. Hot water went out earlier for about 2 hours. Well I'm going to lay back and watch the race.

Monday March 11, 2013 5:31AM. Just finished cleaning this cell made the bunk washed up still got to shave. Watched the news, and the heart breaking story of the sixteens killed in that wreck in Ohio. Life is fragile, gone in an instant. Not sure what all I'm going to do today just need to have a more productive day than yesterday. Hopefully I get some mail tonight. I didn't get anything Thursday or Friday.

6:54AM. They have that officer here today whose a low life unethical criminal. I hate to see him, wonder how Larry is doing today, 29 days to live, and unlike Paul Larry doesn't have any issues to take before the court. 7:42AM The grievance woman just came by. I'm sitting here writing notes on the biblical text. Gives me something to do to pass time.

11:22AM. Just finished eating, potatoes, beans and some type of meat, BBQ. Canteen truck just left as well. They only bring one floor over on Monday and it's never ours. They also just called for fecal mail pick. I don't have anything going out. I feel tired. That idiot they have working down here slings the door open and lets it slam. Well I need to find something to do to pass the next 4 or 5 hours.

5:22PM. Finished eating earlier. Was garbage. I haven't done anything today. I listened to some

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sitting here watching the news. I'm going to watch TV until showers after showers I'm going to sleep. Just another day.

TUESDAY March 12, 2013 5:11am. Been up since 3:30 just sitting waiting on breakfast. made the bunk still got to wash the floor. I got in several letter's last night, so that gives me something to do today. I also received several comment's to respond to. Time to get going.

11:15am just finished eating. I seen the canteen truck just come in. We may get canteen this afternoon. 1, 2 PM. I've just been writing. I wrote my mom a couple of replies and two letter's one to Anne and Ethel. Both of whom are in their 70s. just friends. Back to my mom's letter's.

1:05PM. They just called recreation. I can't go cause of Warden Barry R. Reddishes unethical illegal conduct their pulling right now. which means no canteen today.

1:12PM. I was just talking with one of the guys that was going outside. He live's at the front of the wing. used to be my neighbor in 2002 at F.S.P. He told me he's got cancer. Damn I hated to hear that. He's a good dude. That cancer is getting a lot of guy's here.

3:31PM. There's a movie on that I wanted to see for years, and when it comes on, we have this weather screwing up the T.V. channels. There's not many movies that I want to see. oh well. The guy's should be coming back in from Rec soon.

4:16PM. just finished eating. I still haven't finished a letter to my mom. I've got to write my mom and Diane. The stations are still messing up. As soon as 5:30 comes I'm going to lay down and call it a day. Wasn't a very productive day. I really need to start exercising and doing my art and having a more productive day.

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Well I'm fixing to wash cloths and go from there.

Wednesday March 13, 2013 5:39am. Just finished eating. Fixing to do some surfing. I'm really tired. I didn't get a lot of sleep with this back door being slammed all night.

10:53am. I just finished watching the confirmation hearing in the Florida legislature for secretary of the FDOC Michael Crews. Was very interesting. Now I'm going to be writing one of these senators.

12:57PM. Canteen just came and left. I'm fixing to watch a movie, Legend of the Falls. Guy's are saying it's good. I've still got two letters to write. Maybe I'll finish them later.

2:08PM. The officers are down the hall packing Cahs property in cell 6124 he was taken to medical because of that cancer. I sure hope he's going to be okay. The guy's got a good heart. I like him and I sure hope he doesn't die. Well I'm just watching this movie which is pretty good.

3:42PM. Just finished watching that movie, it was pretty good. Here comes chow now.

3:50PM I just put my food in a bag and then sat it in the sink to heat it up. Our Lt. Governor Jennifer Carroll just had to resign over that gambling sting. I hope Governor Scott gets caught up in that as well. And with the Lt. Governor having her hands in there, I'll bet he had his hands in there as well. Now I'm just waiting on the shower. I need to finish up this letter and then go from there. The news is all about the Pope right now.

6:57PM. Just got back from the shower. I'm now laying back on my bunk going to watch some TV. I'll catch survivor at 8PM. and then go to sleep.

I just hope to get some mail tonight. That's another day on the row.

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Thursday March 14, 2013 5:44am just finished eating and cleaning the cell. I've been up since 3am. I'm fixing to do some writing. I've got to finish up a letter I started yesterday. Last night I received 3 letters. I got enough to keep me busy today. Time to do it.

7:14am. Power has just went OFF twice throughout the whole prison. Not sure what's going on. It's back on for now.

11:3PM. The guys just went out to rec. I'm sitting here in my orange's waiting for an all clear. Some damn tour group is suppose to come through. I hate that crap, showing us OFF like some damn animal in a zoo. I still need to finish a letter. Right now I'm watching a basketball game.

3:52PM Well the tour group left. They went up stairs. I heard they pulled some guys off the yard to talk to them. Just waiting on dinner then 5:30 where I'll wash clothes and wash up get in bed and call it a day. Hope to get some mail tonight. I finished one letter and wrote another one, but other than that, I didn't accomplish anything. But at least I'm not dealing with sever depression.

5:01PM. Fixing to wash the clothes, bath and by then it'll be 5:30 and I'll lay down watch the news, listen to music until I fall asleep. Life is pretty dull existing day-to-day in this cage. Hell of a place to be caged in here on Florida's death row.