

y6jb--Reply ID

Melissa,

Hey--how goes it? Me, well I guess you could say i have had a really eventful morning one i would have much rather skipped. Sometimes I feel as though I want to let the self control i have inside me fade to nothingness but of course i can't do that even on a good day. :(I got your message i think a few days ago but alas i have been pretty preoccupied this past weekend. i must apologize because i am usually good at managing my time even in a place where i am told pretty much how to use it. Nothing like a 10:30 curfew to make you feel just like a teenager again. I find myself quite curious about you seeing as how i honestly did not expect to ever hear from you again. i guess i forgot to mention i don't have the greatest of people skills. Being where I am it's not easy to hide. And I guess you could say it is much of a hinderance to me in so many ways. But there is really nothing that i can do about it or use to my advantage. It seems like in here when a person has a flaw it's like it seems to show like a bright red flag or a light house in the darkest of nights. Funny things are that way i guess. As much as I was happy to hear back from you i was saddened to find that most of the options you describe are currently unavailable to me. Which really I have learned to come to terms with this place and not focus on what is not here. Which I can't decide if that is good or bad yet. I feel like my hormones are messed up because i almost never have a cycle and i can't figure out why this is. I don't we even know if I have PMS like everyone else around me. But being in here there are not alot of options besides birth control and I really don't want to go that route for so many reasons. So really I'm stuck n between a rock and a hard place. I am subscribing to a Yoga magazine and it just has not started coming yet. I will check to see about the vitamins. But I won't let all this get me down to far in the pits. Believe it or not i have come along way. You would really be surprised if you had met me a few years ago. :) Well, I won't keep you. I hope you are doing well. I hope to hear back from you soonest. I wish you all the best take care of YOU and god bless!!

Sarah