

A Voice Lost to the World

3.20.13

A NEW STATE OF MIND

I know we've all heard the statement "your mind's in the gutter" I was thinking that everything we do starts with a thought and with that thought comes an action, either for good or positive things or they are for bad or negative things and I do understand that sometimes what is bad for us or negative for us feels so good. That's why people continue to use drugs or rob banks or choose less in life. I was reflecting on this, thinking to myself that most people don't have a drug problem or a violence problem no they have a thinking problem. They are stuck on stupid, their minds are constantly in the gutter. They continue to feed their minds garbage and thus they continue to end up failing in whatever they are doing. I have fallen into this before. I look back over my life and see how many times I choose to act on some stupid impulses that made a bad situation worse in every way possible, my state of mind was wired on the fast track to no where. I never really thought out, the outcome of my actions until it was too late. It's like I finally woke up one day and saw that what I was doing just wasn't working for me anymore. I am sure that a lot of people come to this point also, and they either make some new choices or get help or they roll over and say "fuck it I am tripping" and continue on their way. It isn't easy to re-wire yourself or to achieve a new state of mind. Today I have to constantly work at it and continue to pull myself away from my old ways of thinking. It is hard but it is doable and it is worth it in everyway. I believe as long I keep putting positive things in to this world I will continue to receive positive things back. Today that's my STATE OF MIND...

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SINCERELY,
DUSTIN KELLEY