

## Metamorphosis

Change is not an event, act or decree of behavior. It is not some strange phenomenon that will instantly bestow certain fortune.

No, change is rather a journey with polarizing effects that illustrate emotions. Change is a journey that is motivating and discouraging, inspiring, yet overwhelming, challenging, but rewarding. It is helpful at some points, while harmful at others.

Change is a force that is constructive and destructive, leaving you vulnerable with insecurities, and weakened by deceptive familiarities. However, strength is built with accomplishment and failures; and, the will to survive and overcome, grants achievements.

Change is to look at yourself for the first time, not only as a person in the mirror, but also the person behind it; to understand what it is that you see, and possess the ability to control what you see. That is applied change.

Change is acceptance courted by rejection, in a harmonious dance with destiny, shaping perception into reality, while separating reality from fantasy.

For better or worse, Change is to become what you "were" not before, even if your appearance has the same reflection.

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