

April 12, 2013

"Liberty is in her mouth, equality in her heart and fraternity in her garters." --English newspaper of Queen Caroline of Naples, sister of Napoleon

Dear Readers:

Howdy! OK...be warned, I may not have a lot of focus, I'm just updating the latest.

Let's see...first of all, most all the guys who were locked up last week were let out of the Hole. They didn't receive a "shot" or anything. The word is that a bunch of "copouts" (Requests to Staff) were sent by or to the unit manager (whose mental stability may be questioned) because of all the trouble she's been stirring up, so they just randomly picked all these guys to go to the Hole. It's possible that not one of them had anything to do with any of the copouts, and they all got screwed for nothing--just plain harassment.

In further news of this same unit manager, some guy was asking me about the wording of his complaint against her. He's filing a complaint 'cause at the end of March he was watching TV in the common area and went to his cell for a few minutes while the unit mgr. was walking around, leaving his radio where he was sitting. When he came back, she had his radio. So, he asked for it back and she refused because she "doesn't like things lying around" because it's "her rule," not a BOP rule. To this day she still refuses to give him his radio. Even though I'm not supposed to, I still assert that she's PsyBit (will that pass?). You judge for yourselves what this behavior shows.

On another note, instead of the usual \$5.25 I normally got paid per month, this past "post" day I received a total of \$3.60. WTF?? Plus then they quadruple my hours and want us to wear uniforms to report to work on the Rec yard. Really?? Guys have been quitting in droves, which unfortunately doesn't leave many job openings in other places. I've looked. The only good thing about all this is that I am now trying to get more exercise since I'm stuck out there anyway. I got some guy interested and we did yoga 2 times this week, which is great. He wants to keep doing it and I am grateful for that. I'm not a good self-motivator and it helps when someone is depending on me. So...hopefully I'll be in great shape before too long.

Which reminds me...it's crazy to me how these guys who lift weights with their big arms and such can't do yoga as well as I (and I'm not just talking about the stretchy stuff). On the one pose where you're holding yourself up with one arm at an angle (side plank), I totally break these guys with my skinny arms. Ha!

Other than that....not a lot to report, but I'm sure something will come up.

Love & Blessings,

kelly