

**Pick yourself Up and Try Again**

Failing at things in life is a part of life...you can't succeed in everything you do. However, I believe that we are all defined by how we learn and grow from our failures.

I've personally used failing as an excuse to continue to fail. It was like I embodied the "F-It" mentality and just drove myself into a bigger hole than I was already in. I think alot of people do that and if only those people, myself included, could have got the lesson to be learned within the struggle, adversity, hardship, or failure, then I'm sure our lives would've taken drastically differant routes.

I'm writing this post to inspire, encourage, and motivate all those who have failed or are currently failing at something in their lives...**Pick Yourself Up And Try Again**. It is not the end, RE-focus, regain your composure, discover the lesson to be learned, make your short comming the best thing to ever happen to you, believe in yourself, and never give up.

I hope there has been something in this piece that has brung some hope to whatever your situation is and I look forward to heraing your feedback on this.

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**Questions**

Have you ever had to bounce back from a situation in your life?  
What is the most encouraging come back story you've ever heard?  
When you at the end of your rope, when motivates you to keep going?