

What's going on with you B+B viewers? I hope life is treating you kind out there. I want to start by saying I apologize for fallen off the earth on you. I been really really occupied with my work. I recently achieved one of my goals. I received my HSED it took me a while to get it. I had a road block for a minute I tell yall that math was killing me softly, but every thing else was a piece of cake I wanted to give up, but that wasn't a option for me I got through it, in the end it felt good to receive that piece of paper, then on top of that, I was ^{focus} on my case. Now that took up a lot of my attention I trying to get my life back. This Prison life is not for me, these people I'm surround by are low down dirty people, they will try to do anything to drive me crazy. These people as in Doc C/O Gallivant these Prison like they don't have a life of their own they don't want to see us go home cause if we go home they don't have a job and nothing to do. These C/O make it harder for us to live in here. they create hostile environment to drive us crazy. Do you people know that Doc is heartless they don't have a care in the world who they put in Prison they are special patient here. they don't belong here they belong in one of those special institution the government just want to open up a trust account in these name and seek the benefits that you or I will never see, I see what I spend off of my account but I don't get to see the transaction they are making in my name and with my money. All this is as in this Prison is a live Grave Yard. These people are monopolizing off of a situation every chance they can get. You should see are canteen list, we have two canteen list one for general population and one for segregation is expensive a 3oz Hand Cream lotion cost \$6.49 and a 1oz white vaseline tube cost 77¢ and these items are not available in population in population cost 79¢ for a 4 or 5oz container and Hand Cream in population cost \$1.29 for a 6oz bottle that's not all that's just the tip of the iceberg these people are exploiting us just like women in the work force out side these walls or kid in another ~~country~~ country working for PennT's. The government is roben you and me. but they are not behind bars like me, what they are doing is "Justified." This Prison life is like a emotional roller coaster it go's up and down. some time I think I'm never going to make it home. I'm going to do some thing to them or the other way around. These people are dirty cause they ~~have~~ know they can be dirty cause in the end they know they will get away with it. It's crazy zoo animals are being taken care of better then us. These people are dehumanizing us in here and it seem that a form of genocide is being used by the Prison system to monopolize and exploit us. They turn these Prison into factories their own sweatshop factory. what happen to the code of Ethics they suppose to stand for. instead they stand ~~behind~~ behind hidden agenda. They say Prison is for Punishment and to rehabilitate us or is it? They say to clean up the streets if they did clean up the streets there will not be anybody to put in Jail so they keep the streets dirty so people can spread the evil. If there's no more crime a lot of people would be out of work. They don't want Peace Equity or Sustainability.

This Government does not want us inmate to be rehabilitated or success out there in the real world cause if we do success that means they dont have anybody to occupy these Prison cell, but I'm going to make it my business to succeeded in here and out there in the real world. I have what it takes to succeeded. I have multiple skills like writing. I'm very good at writing Poetry and song on top of that I can sing and rap a little. I'm also good with my hands I can build thing fix things I can paint I know how to put down carpet let's just say I'm handy. I'm athletic, who can stop me when I get out? Know one but me. Well B+ B viewers I'm about to park this pen until next time, but before I put this pen up I'm going to leave you with a poem or two. Please give me your thoughts and your criticism I would appreciate it so I will leave you to read these poems I hope you enjoy them. One more thing I'm know long at WSPF Prison I'm at WCI Prison I will leave you with my new into Be-EAZY B+ B Viewers.

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Break down

MY mind is in Prison
ever since I lost my love one
I can't breath or eat
My body want move an inch.
My Pride been Capture by my mind.
I use to be a dreamer,
now I'm a Prisoner.
My hope is dying slowly and painful
it hurts so much I have black outs.
I would cry, but I don't know how.
Every thing is building up
in side of me,
They say it's rage and it like
a thicking time bomb and
it's ready to blow
at any second.
There's no medicine that can cure
these emotion.
I'm drowning with bitterness,
no power to stand up.
I'm afraid to fall asleep,
night mare waiting to humiliate
me once more.
Pressure never stop knocking
at my conscious.
How long is this going to last?
I hope not for ever.
My hunger for hope is empty
I'm wondering is this rock bottom
for me or do I have a chance
to over come my
fears.

By Choice B

Decision

What is our Purpose in life?
We might never know
What our life Purpose is
but if we don't try to figure it out
we're going to be at a stand still
in our JOURNEY.

If you don't know where you're going
you'll probably end up somewhere
else at a dead end.
Knowing is not enough.
We must charge to our destination
to see what lies there,
before it's past us.
We must live each day as if
it were our Purpose.
There's no time to be wasted, so
stop your whining and start
running to that destination,
sacrifices have to be expected
in order to win.

Whatever the mind can understand
the body can conquer.
The difference between triumph and failure
is determination.
Success is created by the action
you take every day.
So what are you going to do with the
one life you have?

By Choice \$

I hope you enjoyed the poems
there's more to come
Be EAZY B.T.B Viewers
from Silver Back LB

TAKE Care