

Certificate
of completion of a
workshop for training in nonviolence
Alternatives to Violence Project (AVP)

This certificate is awarded to

Michael A. Crenshaw

*Who has satisfactorily completed the
Basic Course in Nonviolent Conflict Resolution
Under the sponsorship of AVP California
www.AVPCalifornia.org*

Location: California Medical Facility

Date: September 9, 2012

Facilitators:

Anna Laiff
[Signature]

Mark Ouellette
[Signature]

Certificate

of completion of a
workshop for training in nonviolence

Alternatives to Violence Project (AVP)

This certificate is awarded to

Michael A. Crenshaw

Who has satisfactorily completed the
Advanced Course in Nonviolent Conflict Resolution
Under the sponsorship of AVP California
www.AVPCalifornia.org

Location: California Medical Facility

Date: October 7, 2012

*Facilitators: Joyce Banghaf, Kary Schender, Michael Brodheim, Raymond Arias,
Orlando Ellison, and Walter Gates*

W. Gates

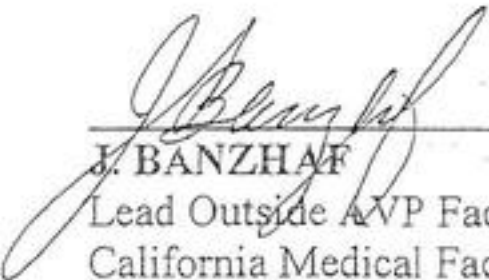
Michael Brodheim

Joyce Banghaf
Kary Schender

NAME and NUMBER CRENSHAW C-58192 J-226L

Inmate CRENSHAW, C-58192, actively participated in the three (3) day Alternatives to Violence Project (AVP) Basic workshop, which was held on September 7-9, 2012. The AVP is an international non-sectarian group of dedicated volunteers of diverse national origins, races and religious affiliations formed by Quakers to help people develop effective ways of dealing with conflicts creatively and without violence. Its courses are only offered to voluntary participants. Each workshop consists of a 22-hour intensive program of exercises and discussions designed to develop self-esteem and self-confidence in a trusting and supportive atmosphere. The workshops teach principles of affirmation, communication, cooperation, community building and creative conflict resolution, which is essential in the exploration of the many nonviolent solutions that are possible in almost every conflict—particularly when approached with a caring attitude toward others. Mr. Crenshaw is commended for his participation.

Original: Central File

cc: CC-I
Inmate
Writer
J. BANZHAFLead Outside AVP Facilitator
California Medical Facility

DATE: 09/09/12

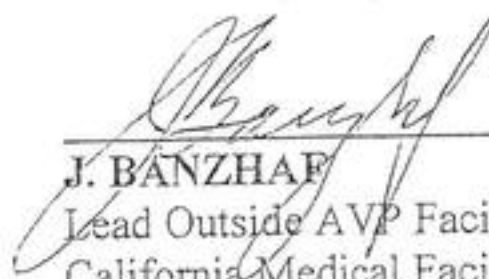
[INFORMATIONAL]

GENERAL CHRONO

NAME and NUMBER CRENSHAW C-58192 J-226L

Inmate CRENSHAW, C-58192, actively participated in the three (3) day Alternatives to Violence Project (AVP) Advanced workshop, which was held on October 5-7, 2012. The AVP is an international non-sectarian group of dedicated volunteers of diverse national origins, races and religious affiliations formed by Quakers to help people develop effective ways of dealing with conflicts creatively and without violence. Its courses are only offered to voluntary participants. Each workshop consists of a 22-hour intensive program of exercises and discussions designed to develop self-esteem and self-confidence in a trusting and supportive atmosphere. The workshops teach principles of affirmation, communication, cooperation, community building and creative conflict resolution, which is essential in the exploration of the many nonviolent solutions that are possible in almost every conflict—particularly when approached with a caring attitude toward others. Mr. Crenshaw is commended for his participation.

Original: Central File

cc: CC-I
Inmate
Writer
J. BANZHAFLead Outside AVP Facilitator
California Medical Facility

DATE: 10/07/12

[INFORMATIONAL]

GENERAL CHRONO

Certificate of Achievement

Awarded to

Michael A. Crenshaw

C-58192

For Successful Completion of Course IV, NewLife Behavior Curriculum
"True Freedom"



OFFERED AS A TEACHING EXTENSION OF
NewLife Behavior Ministries, 3833 S. Staples, Suite S 101, Corpus Christi, Texas 78411

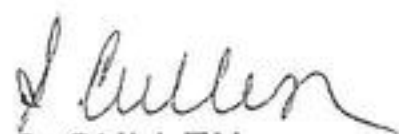
Buck Duggan
President

April 12, 2012
Date

☒ Required Attendance ☒ Exemplary Participation ☐ Perfect Attendance ☒ Correspondence

NAME: CRENSHAW CDCR: C58192 HSG. J226L CDC-128-B

Inmate CRENSHAW has been attending and participating in the **NARCOTICS ANONYMOUS** program for the Third quarter of 2012. His individual will to achieve self improvement and commitment to the NA program and its ideals should be commended. He has proven to be both an asset to himself and others.



S. CULLEN

A.A./N.A. SPONSOR

California Medical Facility

DATE: 12-3-12

cc: Orig: Central File CCI Inmate AA File



GETTING OUT BY GOING IN
THE TWELVE TOOLS OF GOGI
SELF-HELP CORRESPONDENCE COURSE

Successful Completion Certificate Awarded To

Mr. Michael A. Crenshaw Sr.

THE RECIPIENT OF THIS AWARD HAS DISPLAYED RARE DEDICATION AND COMMITMENT TO SELF-HELP AND LEARNING THE SELF-CORRECTIVE TWELVE TOOLS OF GOGI TAUGHT BY GETTING OUT BY GOING IN. THIS AWARD IS OFFERED AT THE COMPLETION OF THE COURSE THAT REQUIRES HIGH LEVELS OF INSIGHT AND WILLINGNESS TO CONTRIBUTE POSITIVELY TO SOCIETY. THIS AWARD ACKNOWLEDGES SUCCESSFUL COMPLETION OF ALL NECESSARY REQUIREMENTS INCLUDING RIGOROUS INTROSPECTION AND SELF-REFLECTION. THE RECIPIENT OF THIS AWARD IS RECORDED BY OUR ORGANIZATION AS A GRADUATE OF OUR ACADEMIC CORRESPONDENCE COURSE AND IS ENCOURAGED TO CONTINUE WITH ADDITIONAL OPPORTUNITIES TO APPLY THE GOGI TOOLS AND PRINCIPLES IN THEIR DAILY LIFE THROUGH FURTHER INVOLVEMENT WITH GETTING OUT BY GOING IN.


REVEREND DOCTOR MARA LEIGH "COACH" TAYLOR
FOUNDER / EXECUTIVE DIRECTOR

12/20/12
DATE



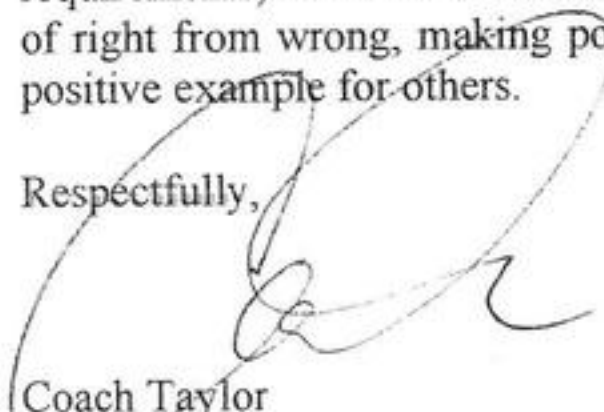
DATE: January 1, 2013
RE: LETTER OF COMPLETION
TO: CRENSHAW, MICHAEL A.
C58192 J3-58
PO Box 2000
Vacaville, CA 95695

To Whom It May Concern:

This letter is to document the academic accomplishment of Mr. Michael A Crenshaw Sr. who successfully completed our 12-week self-study curriculum. Mr. Crenshaw submitted his academic work, which displayed significant insight into his prior mistakes. His ability to be honest and his maturity is evident in his work and we are impressed with the professionalism of his submissions. Mr. Crenshaw has the ability to completely understand the power of the positive tools as taught by GOGI and he is utilizing these tools in his daily decision-making. We are confident that if taught these tools as a young boy, the events of his life would have been vastly different.

It is obvious to our academic review committee that Mr. Crenshaw has displayed dedication to making better decisions in his life and is incorporating the GOGI tools of positive decision-making in his daily life. His academic file proved he can follow instructions, complies with all requirements, understands the importance of structure. His file also indicates an understanding of right from wrong, making positive decisions in the future, and the importance of living as a positive example for others.

Respectfully,



Coach Taylor
Founder and Executive Director
Getting Out By Going In