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Hello my people, I'm apologizing for not keeping my word. I said in my last posted that I was gonna write back that following week. I really want, people to know that I really appreciate them coming to my site and reading what I have to say. Living day-to-day in this prison environment one can easily be thrown off track. In my case, over the years I've grown to love playing basketball, and every year we have a prison basketball league. Well, before the season started guy was asking me to play with their teams, and I was telling them that I wasn't going to play this year, because I just wanted to focus all my time on working out and studying. But by the time the season kicked-off, one of my homie asked me to join the team for one last run, and I did. We finished the regular season with best record in the house. Two team from each housing unit with the best record get a chance to play in the playoff.

I'm proud to say that my team, is now playing for the King of the hill title.

We played yesterday, and the game ended with a tie. So Wednesday we play the five-minute overtime if we win, then we have to play this same team again because it's double elimination. We're going to win. So I'm going to leave prison with the title. "LEBRON LEBRON". That's my cat.

In my last posted, I think I spoken about my participation in Toastmasters, for those of you that don't know what Toastmasters is, Toastmasters International has been recognized as the leading organization dedicated to communication and leadership skill development. Through its worldwide network of clubs, each week Toastmasters helps more than a quarter million men and women of every ethnicity

education level and profession build their competence in communication so they can gain the confidence to lead others.

By regularly giving speeches, gaining feedback, leading teams and guiding others to achieve their goals, leaders emerge. They learn to tell ^{these} stories. They listen and answer. They plan and lead. They give feedback - and accept it. They find their path to leadership.

So I felt like this organization could help me, in prison and on the outside. ~~It~~

Last week, our Club Alpha Grave, had a debate about the pros and cons about gun control. The pro' won. My personal feeling is America really do needs gun control. I think when someone has a gun in their possession, their personality change.

I'm on the outside looking in, and I think that people seems to only have compassion for one another when a tragedy happen.

That have to change America, we have ^{to} stop discriminating against each other. I feel that politician, aren't doing ~~that~~ what their heed to do. Make them work for the people and not for the corporation. That's just what I think.

But at anyrate, I have to give a speech this week, the title of my speech is "The genius within". I was told by the president of our club, that I just missed being toastmaster of the year. Maybe next time.

Hey. April 30, is finally here, Missouri Supreme Court, is set to hear three cases juvenile ruling. That means within the next 40 days, I will be back in St. Louis, fighting to get time served, freedom is here. The last few months been pretty hard on me. Not because I asnt been making it. The wait has been killing me.

The most important lesson that I'm trying to learn right

Now is patience. Because I truly know that if you have the ability ^{to} have the skill to be patience, you can win in this world. Now that's some food for thought.

Hey, the weather has been crazy here in Missouri. Hot one day, the next day snow, then hot and raining. Hopefully as the month of May comes in along with sunny hot days. Yeah, I almost forgot there's a few new shows that comes on NGO National Geo Graphic Channel called BRAINS GAMES AND NUMBARS GAMES, both of them are pretty good.

I'm having a food visit on 5-18-13, My family is going to bring me some fish, chicken, fried rice and cheese cake. The last food visit I had was March 16, 2013. It was great.

Plus on May 9, Trustmaster, is having a banquet we're going to have a lot of street food, I'm glad because prison banquet gives brotha that don't have family member who would come see them on food visit, it gives them a chance to enjoy food from outside of prison.

Well, I'm happy I got a chance to let it be known what's going on in this prison world this has been my report. I will be getting back at y'all next week. Until then find somebody to do something nice for. Tell somebody they look nice today. Tell your parents that you █ love them.

LOVE IS LOVE.

TREVIN