

Peace and Blessings of the Most High be upon you,

It has been awhile since I last sent a missive to their is no excuse save not getting the job done!

Naturally procrastination is one of the greatest defense tools of all times. Be that as it may I come as I must in order to do what must be done. I have several articles that will be going up from respective authors on Buddhism and Catholicism. It is my humble and sincere belief that once we take man out of the picture that the light of "ONENESS" shines through.

Enjoy this as I enjoy putting it together!

I personally continue to study in order to reach the clarity and understanding that so few search for in this life. One would think that sitting on death row with nothing but death in my rearview mirror could most likely cause a change. Interestingly enough that is not the case. Alot of times in life basic idiosyncrasies take hold and dig their claws in. Laziness, (such as wanting to watch t.v.) as we know there really is not much healthy on it. Heaningless and iale conversations which serve no purpose but to waste time or belittle somebody.

One would think that being in the "Valley of the Shadow of Death" it should hit home to be positive but that doesn't do it. Each and every person has too choose in the words of Shakespeare or Bacon (who really knows?)

"To be or not to be" That is truly the question. Of course it is a good idea to move forward, at least that is the intention. Life is full of unresolved intentions. How do we begin to stop putting things off? Perhaps we put to much on our plate at a time. In your current situation that might not be possible being at such a prestigious institution. He in particular I looked up at one point and had Confucius "The Analects", The Bhagavada-Gita, The Vedas, The Holy Quran, The Holy Bible and Torah. I have been doing comparative religious studies for many years. So many times it has been my only solace when I was at my lowest and emotionally drained.

How has religion or belief in the "Unseen" allowed you to get

out of low times in your life?

I have been shot at many times in my life, kidnapped and hit in the head with all kinds of things over the years. Yet inspite of it all I still stand and can hold a pretty decent conversation (I hope):)

Prayer, Meditation, Tarot, runes and all sort of other forms of contemplation. If you have a story or a experience about how "The Source" has protected or shed his light upon you by all means please share it and give positive energy and affirmations of glory.

May the Most High cause his Light to Shine on You ASAD HAKIM