

INSIDE ~~THE~~ MIRROR-REFLECTION OF SELF. 5/19/2013

All I have are these TWENTY-four hours. Each second, minute, and hour I have a choice. Do I realize how many choices I do make each day, however small they are? I am responsible when I am making decisions. Each choice I make helps me to grow. Some decisions I make might be right, some might be wrong, but I grow from all of them. I gain more confidence with each decision I make.

MY OUTSIDE MIRROR REFLECTION OF SELF

I am complex. My emotions do not have to make sense. They just are as I accept them, contradictions and all, I can choose how I want to act, when I deny their existence or try to force them into my current understanding of my pattern, they control my actions. I become angry when there is no reason, I become depressed over nothing. As I accept myself, I find things make a lot more sense. I try very hard to get where I need to be in this life, in God.