

Leisure time

5/20/13

Tehachapi, California. A prison by the name of California Correctional Institution. I must say out of all the prisons I've been to this prison is at the top of the list for most fucked up.

The program is all messed up. Most things that we are suppose to get we don't; laundry, showers, supplies, yard and mostly when you try to pursue a "grievance" (a internal complaint) you are meet with the man himself, straight from the deal, Mr. Stenewall Jackson cause all your gonna get is Stenewalled. Before I come across as a "cry-baby" and what not if all you had coming where certain items then you to would want them. Take that paycheck you get. What if your employer said oh well give it to you next month?? Certainly a protest of some sort will erupt. Now that's what we go through. I've recently wrote internal affairs and was told to keep my "complaints" inside the prison. Damn! I wrote them concerning trash in the food and not being able to file a grievance.

What strikes me ~~more~~ is that with much leisure time why arent more of Suckers filing complaints? I'm no lawyer or jailhouse lawyer. I'm just a prisoner that sees a wrong and tries to correct it. I'll win some and maybe lose many but it doesnt mean I shouldnt try to correct the wrong. I'm often told why I dont file a grievance on this or that and respond by saying, "do it yourself". The usual reply is "I dont know how". Well when I came to jail at 15 I didnt know alot of things and with patience and hardwork I know more then I use to. If you sit in that tomb your in all day and do nothing then you'll learn nothing. It is the penicale of stupidity not to keep yourself busy. Some watch tv all day and some sleep. It is a tomb in which all you have is time. For some the day cant end sooner. For others it (time) actually goes by to fast.

24 hours. Sleep at 10.00 p.m, wake up at 6:00 a.m. You have 16 hours in the day to go about your business. These 'rules' dont apply to us in prison though. Would you give up some sleep time to gain knowledge? Your body can adapt to many things.

5 hours of sleep will get you through the day, plus a nap... you'll be good. Back in prison, with a TV prisoners would just rather sit and watch the box. There's not that much good shows on network television so in reality the majority of prisoners just watch it as a form to escape from their surroundings. Unlike the outside world we have a front row seat to life that's unique in a way. You get to view the world at large in a outsider perspective. Not only this but as mentioned above we have time. ~~But~~ still that precious time is squandered and wasted!

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