



Daily Journal

July 8-14, 2013

Monday July 8, 2013 8:16am Just finished cleaning my locker out.

Had ants in it. They came by calling rec 45 minutes ago, but they haven't come back and pulled, and the officer told me if the captain signs off on it, I can start going to rec with everyone else, so I'm hoping to get regular rec this week. I wrote a legal letter this morning. I need to write a couple of churches, workout and do some art.

11:19am Just finished eating, and the mail lady picked up legal mail just now. They didn't take this floor out to rec. I heard their short officers. I've got to workout here shortly. I wrote a piece for my blog this morning 'Deception The Judas Kiss. I'll send it out tonight to be posted.

3:32PM Just finished working out, wasn't a bad workout. Now wait on dinner wash clothes, I'm first in the shower tonight, so I'll get my shower and come back and go to sleep. I'm waiting on my mp3-player to come back. The guy picked it up at 2 PM.

6:11PM Did some step ups got another good sweat in. Now waiting on the shower and then going to sleep.

Tuesday July 9, 2013 12:49am just been writing. I went to the law library this morning, came back and wrote

Ronald W. Clark Jr
July 8, 2013



Ronald W. Clarke
July 9, 2013

Page 2
Daily Journal.

a letter now I'm waiting to see if they take me to rec. IF they do I'll go out and workout, IF they don't then I'll set up and workout in here. I had to run ants out again this morning, then spent an hour fixing holes where they were coming in from. I hope this fixes the problem. Well I'm going to do some cruches and see if they come get me for rec. 3:21 PM just finished working out. They didn't take me out. My workout wasn't that great. I hope to have a better one tomorrow.

Wednesday July 10, 2013 8:37 am. just been sitting here writing. I need to write the ACLU. I've got an art project to do, and a hard workout. I seen something on the news where Marshall Gore got a stay of execution and was scheduled for today, which I had no idea. Need to try to find out more about that.

4:30 PM. worked out earlier, but it was another sorry one. I did get some art done. It's really too hot in here for that. I also got a few letters written, did some reading. Fixing to eat some rice and fish and then wash some clothes and wait on the showers.

Thursday July 11, 2013 6:32 am. just finished a letter to the ACLU. I think I'm on to something here. I've got



Ronald W. Cluck
July 11, 2013

Page 3
Daily Journal

some other letters to write, some art work to do and it's time I get to it.

7:41am The guys just went to recreation. I'm hoping that by next week I can go out with everyone else. Time to get back to writing.

11:32am, just finished eating. Been writing still got some more writing to do. After canteen comes I'll get to my workout.

3:06pm, just finished working out. It's extremely hot in here! But it just started raining so maybe that will cool things off. Canteen came around 1pm. I didn't get the stuff I wanted. I didn't know how much money I had. J-pay is doing a sorry job. Well I'm going to write until I cool off.

Friday July 12, 2013, 3:09 PM. Just finished working out. Not a bad one. I wrote this morning then went out to rec. I was told that next week I am going to be going out with everyone else. so I sure hope that's the case. I went out did dips and pull ups came back in and wrote a couple of letters and then got this work-out done. After dinner

and then wait on that I'll come back, hope to be woke up mail at mail need to write a legal letter. I'm hoping this idea work's to abolish the death

I'll wash clothes the shower. after go to sleep and with some call, still



Ronald W. Clarke
July 12, 2013

Page 4
Daily Journal

penalty here in Florida. We really need it to Fall.

Saturday July 13, 2013 6:54am. Just been doing some writing. Got a letter from a reporter and wrote her back. I'll be getting a visit tomorrow. Mom's in town. 10:45am. Wrote a legal letter this morning, then got into some art. Which I'll get back to later on. Just finished workout. After lunch I'll wash clothes and bathe. 4:44pm. Just finished eating. I've spent most of the day doing art work. Fixing to lay down and call it a day.

Sunday July 14, 2013 7:25am. Just been working on a piece of art. Which I'm going to get back to. 8:15 I'll bathe and get ready for my visit with my mom.

3:30pm. Got back from visiting mom. Had a nice visit. Fixing to lay back and call it a day. Watch some TV. Until I go to sleep.

