

# Third Day Of NO Food

10-13-2013

Today marks the third day of my participating in the hunger strike. The origins of the hunger strike before this are as follows:

- Feb 2011 - Prisoners send [ ] demands to governor and CDCR officials
- July 2011 - Hunger strike commences, over 6,600 prisoners participate. CDCR promises but fails to show real progress.
- Sept 2011 - Hunger strike resumes with 12,000 participating
- Oct 2011 - CDCR promises to review all current SHU assignments.
- March 2012 - CDCR proposes new Security Threat Group Management Strategy.

And on July 8, 2013 30,000 prisoners participate in this hunger strike. I have yet to hear from anybody (prison official) as to why we are hunger striking. It takes 3 days of no food, **STATE PRISON CCL-TEHACHAPI 4A HU 2** counts you as a hunger striker. So maybe tomorrow we will see some nurses and officials walking through.

My moral is high and I don't actually feel too bad. I'm hungry but know I know what people in third world nations go through on a daily basis. This morning I felt horrible though. I do feel my energy intake depleting. My mental capabilities are strong and solid. As for the physical, it does take me a while to do some simple things as cleaning the cell and on occasion a grunt will slip from my mouth.

I was watching the news and they were talking about the hunger strike. Just imagine if 30,000 people actually died of starvation? Would nothing then be done? And society? Is there massive protest to support this historical making hunger strike? In California there was protest over the killing of a dog by police. A dog! We're fucking human here! I'm against animal cruelty myself but the fact that the murder of a dog can get more attention from different news stations than 30,000 prisoners hunger striking is what society has boiled down to. It truly hurts to see this, but in the end, people

will come to grips that the prison population and problem is every citizen's problem. Not 'their', 'there' or that states city and county. As you pay for all this it's more than your problem. It's your responsibility!