

## CONTAINED

i WALKED AROUND WITH A GLUTTONOUS  
ATTITUDE,  
A HATE FILLED HEART A MAN WITH NO  
GRATITUDE.

i THOUGHT EVERYTHING IN LIFE WAS  
MIND FOR THE TAKING,  
BUT IT'S PUT ME IN THIS SITUATION SO I  
MUST OF BEEN MISTAKEN.

i HARBORED A MALICIOUS MIND AND  
NEVER SHOWED NO PASSION,  
ONLY WORRIED ABOUT MONEY, HOURS, AND  
THE NEXT NEW FASHION.

IT'S LIKE i WAS DROWNING WITHIN MY  
MINDS OWN COMMOTION,  
AND INSTEAD OF EVALUATING MY NEXT  
MOVE i ACTED ON EMOTION.

EVERY DAY i PRAY TO GOD IN HOPES  
MY INTELLECT WON'T BE RESTRAINED,  
AND MY EMOTIONS WILL LEAK THROUGH THIS  
PEN SO MY THOUGHTS WON'T BE CONTAINED.

Kiyoshi

MORROW in 2013