

Daily Journal

AUGUST 1-8, 2013

Thursday August 1, 2013, 3:49pm. I went to rec this morning. Come back in washed clothes and bathed. I've

written 2 letters and just been laying around since then. I'm in a lot of pain. I've got to stop playing basket ball. Well Ferguson has 4 days to live and Gore 6, days. The machinery of death.

Friday August 2, 2013 7:23am. just sitting here awaiting for them to call recreation. But they may not call it until this afternoon. If they don't call it in the next 20 minutes I'll start writing. just want to get some fresh air and sun and get out of this cage for a while.

12:09pm. They called us for afternoon rec. so I'm going to be getting ready for it. I've

been going over the Rules for Death Row 33-601.830 this morning looking over some things I need to change, or want to change. I need outside help to make these changes happen. mainly dealing with recreation and call outs to the Law Library and spiritual visits.

1:42pm. They took 4 wing out, but not us. They screwed us out of rec. This is exactly why I'm pushing for change.

There's no reason for this. I hate this damn cage!! I guess I'll work out.

5:39pm. Didnt do a thing.

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Just waiting on shower and call it a day.

Saturday August 3, 2013 4:02 PM. Wrote some letters this morning, I just been hurting so bad I haven't been doing anything. and its hot and really humid in here. Fixing to lay back down.

Sunday August 4, 2013 5:21 AM. waiting on breakfast. Need to have a better day than I had yesterday. Ferguson has one day left to live unless the courts give him another stay. That's got to be rough on his Family. Keep counting down the days until the state kills your love one, only to have it postponed, and re-started again. counting down the days and hours and hoping that your loved one isn't killed.

8:32 AM. just finished working out. once I wash clothes and bathe, I'll write a letter or two and see what else today holds.

4:49 PM. just finished a card to my Cousin, who came to see me today. I had to send him a phone number. Fixing to lay back and relax now.

Monday August 5, 2013 5:50 AM. seen on the news they still have Ferguson scheduled for 6 PM. today. want to execute a mentally ill man. But that's America for you, kill the mentally ill, the uneducated the poor, and especially the Negro race. oh yes, got



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to kill them. "All men are not created equally.!!" This is a hypocritical country that says one thing and does another.

11:02 am. went out to rec, did some pull ups and dips and walked around. waiting on lunch. need to do some writing.

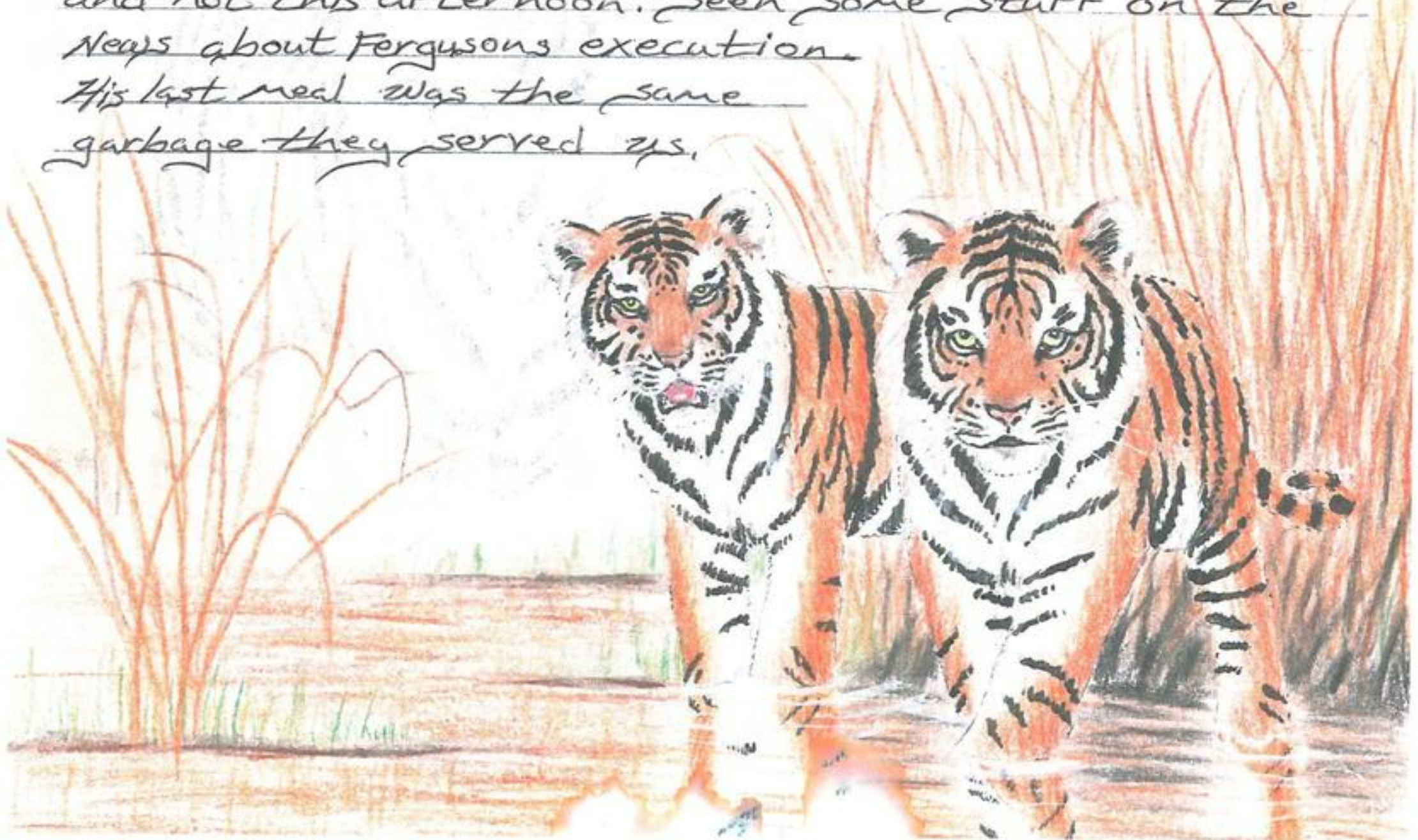
4:14 PM. Ferguson has 2 hours left to live. at 5 PM, I'll go watch the news and see if theres any zip dates on there.

5:51 PM. seen on the news that the US supreme court has turned John Ferguson down, so right about now he's laying on the gurney, needle in his arm, waiting on the curtains to be opened, warrant to be read, what a mess. It's hot in this cage, my fan is just blowing hot air.

6:21 PM. well they executed Ferguson.

Tuesday August 6, 2013 7:16 am. just been sitting here watching the news. wrote one letter. I have a law library call out later. I hope its for this morning and not this afternoon. seen some stuff on the news about Ferguson's execution.

His last meal was the same garbage they served us.



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a nasty processed patty. He was mentally ill, but so was Elmer Carroll. The United States doesn't have a problem executing the mentally ill. This is a very sick and twisted country.

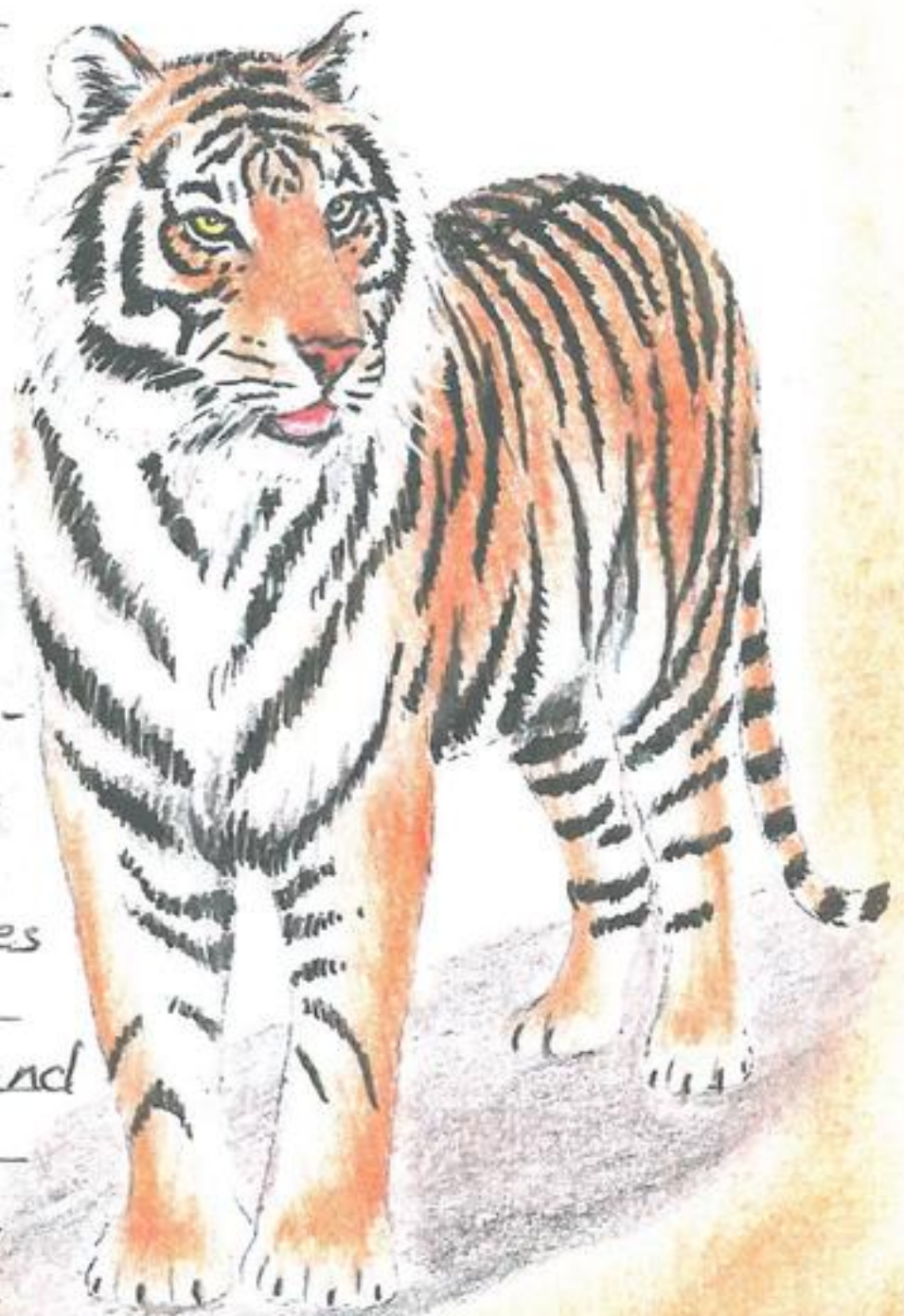
11:02am. Just finished my workout. Wasn't a bad one. They may call us for rec this afternoon, if they do I'm going out, forget the law library.

12:17pm. Just finished bathing. There will be no rec today. So I'm going to the law library as soon as they call me. I'm staying down there the whole 2 hours just to stay out of this heat. It is hot and humid back here in this cage, would be a nice day to be at the beach. Be nice to be anywhere other than this cage under this death sentence.

5:37pm. Just finished eating. The rain has cooled it down some. I stayed down in the law library for a couple of hours. Just researching some rules. I've still got to wash clothes and then I'm going to lay back and relax.

Wednesday August 7, 2013 11:44am
Cleaned my locker out this morning, got rid of a bunch of paper work that I don't need. I worked out this morning and I'm fixing to wash up and get ready for rec. They called it about 15 minutes ago, so I'll go out, hit the dip bar and get some sun and fresh air.

4:30pm. Just finished washing clothes. I enjoyed being outside out of this cage.



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my knees are hurting from just walking. Did some pull ups and dips. Got showers tonight. I'm ready to get mine and go to sleep.

Thursday August 8, 2013. 9:03am. just been sitting here writing a couple of ministers. I'm hoping they give us a yard make up for last week, and take us out this afternoon. I got some sun yesterday. wish we could go out every day. I'm going to work out here shortly. we're suppose to get canteen today.

11:00am. just finished a really good work out. need to wash clothes and bathe here shortly.

1:46pm. just been working on a piece of art for a friend of mine. Right now it's like an oven in here!!" I'd love to be at the beach, or just outside would be nice. I've got to get it where we get more out of rec time. canteen came a few minutes ago. I didn't get anything that I really wanted. I'll be glad when they start me on this diet tray.

3:52 PM. Finished up this piece of art. still got to wash clothes and bath. Fixing to do that after dinner, and call it a day.

