AUGUST 10, 2013: 11:00pm: LISTENING TO "REMEMBER" BY DISTURBED

HI KAT, WAS GREAT TO GET YOUR LAST COMMENT THAT YOU POSTED. NOT SURE WHEN YOU POSTED IT BUT I JUST GOT IT YESTERDAY. THANK YOU FOR CONTINUING TO READ WHAT I WRITE AND FOR E-MAILING SONJA FOR ME. I PUT THE SONGS THAT I AM CURRENTLY LISTENING TO IN ALL OF MY WRITINGS AND I HOPE I GET SOMEONE TO ACTUALLY LISTEN TO WHAT I LISTEN TO AND LET ME KNOW IF THEY LIKE IT OR NOT. NOW, "MY HEART IS BROKEN" BY EVANESCENCE JUST CAME ON. GREAT SONG. SO YOU'RE FROM SWEDEN. SO IS DANIELLE, SHE IS THE GIRLFRIEND OF MY FRIENDS LISA'S OLDER BROTHER DANILO. THEY ARE LIVING TOGETHER IN ITALY. LISA IS MY BABY SISTER THOUGH. SHE IS MORE THAN JUST A FRIEND. MY FRIEND SONJA IS FROM THE NETHERLANDS. SONJA KNOWS THAT I LOVE HER. SHE IS MY FRIEND AND I SIMPLY WANT THE BEST FOR HER. AND HOPEFULLY SHE HAS FOUND A GOOD MAN WHO TREATS HER AS SHE DESERVES. SHE NEVER JUDGED ME, SHE NEVER TREATED ME LIKE GARBAGE AND SHE WAS ALWAYS VERY SWEET & KIND NO MATTER HOW DUMB I WAS ACTING. THERE ARE GOOD PEOPLE OUT THERE AND I WANT TO ANSWER YOUR QUESTION. YOU ASKED IS IT HARD TO FIND FRIENDS IN HERE, THE ANSWER IS YES. I DON'T TRUST PEOPLE. TRUST IS HARD. FOR INSTANCE, I WAS WRITING TO A WOMAN MARIA. I TRUSTED HER. I INVESTED MY HEART IN THIS FRIENDSHIP. WHAT DOES SHE DO, JUST STOPS SPEAKING TO ME. SHE SENDS ME A CARD SAYING SHE LOVES ME, MISSES ME AND WILL WRITE SOON. 2 MONTHS LATER, NOT A SINGLE WORD. WE NEVER HAD A FIGHT, NO BAD WORDS OR FEELINGS, JUST BAILED ON ME AND HURT ME. TRUST IN HERE IS HARD. I TRUST 1 PERSON IN HERE AND I CALL HIM MY FRIEND. SOME PRISONERS HAVE FAMILY AND FRIENDS WHO TAKE CARE OF THEM AND OTHERS HAVE NO ONE. THE ONES WHO HAVE NO ONE WILL ROB, STEAL, OR USE ANYONE TO GET WHAT THEY WANT. SO TRUSTING IS NOT EASY. AND BEFRIENDING SOMEONE IN HERE, SO MANY PEOPLE ARE SO SELFISH AND THATS JUST ONE OF THE THINGS PRISON DOES TO MOST PEOPLE. AND GUYS IN HERE, THEY HAVE THEIR OWN PROBLEMS WITH LIFE, THEY DON'T NEED TO HEAR OR KNOW ANOTHER PRISONERS TOO. IN HERE, WE LOOK FOR PEOPLE ON THE OUTSIDE IF WE HAVE NO ONE. IT COULD BE FOR FRIENDSHIP, LONELINESS, LOVE, WHATEVER. WE ARE ALL HUMAN, WE ARE DESIGNED TO BE ALONE. GOD DIDN'T MAKE US THAT WAY. I FEEL SOMEWHAT BETRAYED BY MY FAMILY SOMETIMES BECAUSE I USED TO BE VERY CLOSE TO THEM. BUT MOST OF THEM HAVE NO TIME FOR ME ANYMORE. AND IT HURTS. LIKE SONJA, I HAVEN'T HEARD FROM HER SINCE CHRISTMAS. IT HURTS, BUT IT DOESN'T MAKE ME CARE FOR HER ANY LESS. SONJA IS A WONDERFUL WOMAN AND I'M LUCKY TO HAVE SOMEONE AS GOOD AS SHE IS AS MY FRIEND. YOU CAN NEVER HAVE TOO MANY FRIENDS. BUT I LOOK FOR REAL FRIENDS. AS FOR THE GUY YOU WRITE TO, I'VE BEEN TO SOLITARY. THE HOLE. I EVEN WROTE A BLOG POST ABOUT IT. THE HOLE CAN BE BAD. WE ARE NOT MEANT TO BE LOCKED IN A CELL AND KEPT ISOLATED FROM EVERYONE. SO I THINK THAT WRITING TO HIM EACH WEEK, AS SOMEONE WHO CAN RELATE, YOU CANNOT UNDERSTAND HOW IMPORTANT THAT IS TO HIM. IN HERE, IF SOMEONE TRIED TO BEFRIEND ME, 2 THINGS RUN THROUGH MY MIND AT FIRST, 1: IS HE GAY, 2: WHAT DOES HE WANT FROM ME. THERE ARE SO MANY SEXUAL PREDATORS IN PRISON. MAYBE THEY WEREN'T THAT WAY IN THE WORLD BUT IN HERE, ALOT OF MEN TURN GAY AND IF THERE ARE

NO WILLING PARTICIPANTS, THEY HAVE NO PROBLEM RAPING. I'M NOT SOME 6 FOOT 6 INCH POWER LIFTER. I'M 5 FEET 9 INCHES, LESS THEN 2 METERS, AND I WEIGH ABOUT 165-170. SO IN HERE, IT'S BETTER TO BE CAUTIOUS OF WHOEVER YOU COME INTO CONTACT WITH. SO I TRY TO BE AS CAUTIOUS AS I CAN. I KNOW ALOT OF THE MEN IN THIS PRISON, WE WORK OUT TOGETHER, WE PLAY SPORTS TOGETHER, BUT ONLY 1 PERSON I CALL A TRUE FRIEND. FINDING A REAL FRIEND, ONE WITH NO ULTERIOR MOTIVES, IT'S NOT EASY. AND PEOPLE ON THE OUTSIDE, THEY REALLY DON'T HAVE ULTERIOR MOTIVES. THEY WRITE TO YOU, BECOME A FRIEND, BECAUSE THEY WANT TO. BECAUSE THEY CARE, OR WANT TO HELP, OR DO SOMETHING NICE FOR SOMEONE. YOU CAN PLACE SOME TRUST IN THEM, SOME FAITH, AND TELL ME, WHAT MAN IN PRISON DOES NOT ACHE INSIDE FOR SOME FEMALE COMPANY? I KNOW I CERTAINLY DO. I HOPE MY EXPLANATION WASN'T TOO CONFUSING. AND AS FOR SONJA, I SENT HER A BIRTHDAY CARD FOR HER 30TH BIRTHDAY JUST 8 DAYS AGO, SO I HOPE I HEAR FROM HER SOON. I DO LOVE EASILY, AND I THINK THATS BECAUSE I CAN SEE THE GOOD IN MOST PEOPLE, BUT I ALSO HURT EASILY AS WELL. AND IN HERE, MOST MEN WOULD RATHER OPEN UP TO A WOMAN ABOUT FEELINGS INSTEAD OF A MAN. AS FOR MY DAUGHTER KRISTA, HER NEW SOCIAL WORKER WROTE TO ME AND SHE SEEMS TO WANT TO HELP MY LITTLE GIRL SO I AM PRAYING EVERY DAY THAT SHE GETS THE HELP SHE NEEDS. SHE IS ONLY 15 1 AND SHE DOES NOT DESERVE TO HAVE THE BAD LIFE SHE IS LIVING. YOU SAID YOU WRITE TO YOUR FRIEND EVERY WEEK FOR THE LAST 5 MONTHS. IS THIS A BURDEN FOR YOU? DO YOU FEEL LIKE YOU ARE OVERWHELMED OR FEELING PRESSURED TO DO THIS? OR DO YOU ENJOY SITTING DOWN AND WRITING TO HIM, KNOWING THAT YOU ARE MAKING HIS DAY ALOT BETTER WHEN HE HEARS FROM YOU. EVEN AS A FRIEND, IT BRIGHTENS UP OUR DAYS AND LIVES IN HERE. WHEN YOU WRITE HIM, YOU LET HIM KNOW I HAVE A LIFE SENTENCE TOO. I WILL DIE IN HERE. THERE'S NO CHANGING THAT. BUT THE FEW FRIENDS I HAVE IN MY LIFE, THEY MAKE MY LIFE WORTHWHILE. AND IN MY LIFE I HAVE MY MOM STILL AND A FEW FAMILY MEMBERS AND I WILL NOT HURT MY MOM BY DYING BEFORE HER. SHE DOESN'T DESERVE THAT PAIN. I ON THE OTHERHAND AM TERRIFIED AT THE DAY I LOSE HER. BUT YOU WROTE THAT YOUR FRIEND HAS NO FAMILY, NO FRIENDS, NOBODY. REMIND HIM THAT HE STILL HAS YOU AS A FRIEND. AND HOPEFULLY THAT IS ENOUGH TO HOLD ONTO LIFE FOR. YOU DON'T HAVE TO BE IN A ROMANTIC RELATIONSHIP TO LOVE SOMEONE. SONJA IS NOT MY WOMAN, SHE IS JUST MY FRIEND AND I DO LOVE HER. ALMOST 10 YEARS SHE'S BEEN IN MY LIFE. SO EVEN IF YOU HAVE TO REMIND YOUR FRIEND IN EVERY LETTER THAT YOU ARE HIS FRIEND, IT DOES HELP. WELL I THINK THAT I HAVE RAMBLED ON LONG ENOUGH. YOU SOUND LIKE A VERY SWEET AND GOOD HEARTED WOMAN AND YOUR FRIEND IS LUCKY TO HAVE YOU. REMIND HIM OF THIS AND TELL HIM MY JUSTINE WAS 'KILLED, YET I STILL FIND THE STRENGTH TO GO ON. AND THEN YOU CAN GO LISTEN TO A SONG I HAVE FALLEN IN LOVE WITH, "HEAVEN" BY A GROUP CALLED "OTHERWISE". TAKE CARE KAT, THANK YOU FOR WRITING, GOD BLESS. IN HERE, PEOPLE LIKE YOU, GOOD PEOPLE, WE TREASURE FRIENDSHIPS SO DON'T LET GO OF YOUR FRIEND. MAYBE YOU'RE THE ONLY ONE KEEPING HIM ALIVE. PS: YOU CAN CHECK OUT MY BROTHERS FACEBOOK TOO. HE HAS ALOT OF PHOTO'S (JUSTIN PEZZECA). CIAO.