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READ WHAT YOU SHOULD READ. SEE WHAT YOU SHOULD SEE. ACT AS YOU SHOULD ACT. FEEL WHAT YOU SHOULD FEEL. UNTIL YOU CAN DO ALL THESE THINGS, FOLLOW THE "GUIDE". WHEN YOU CAN DO THESE THINGS, YOU WILL NOT HAVE TO BE TOLD - FOLLOW THE "GUIDE." - QUOTE BY OMAR KHAYYAM

HELLO WORLD,

IT'S ME AGAIN! © MAY THE PEACE AND BLESSINGS OF OUR CREATOR, WHOM I CALL ALLAH", BE DPON YOU AS YOU READ MY THOUGHTS.

WHEN I FIRST CAME ACROSS THE ABOVE QUOTE, IT RE-MINDED ME OF MY PARENTS. MY FATHER DIED WHEN I WAS ONLY IT YEARS OLD. MY MOTHER DIED WHILE I WAS IMPRISONED ON AUGUST 16, 2005. WHEN I LEFT HOME AT THE AGE OF 19 TO STRIKE OUT ON MY OWN, I RECALL HOW MY PARENTS TRIED THEIR BEST TO GUIDE ME IN THE RIGHT DIRECTIONS. SOMETIMES I LISTENED, OFTEN I DIDN'T, BUT I DID "FOLLOW THEIR GUIDE" IN MANY WAYS.

MY PARENTS RAISED ME TO PLAY, BE ADVENTUROUS, TO HAVE FUN, TO INDULCE MY SENSE OF WONDER, TO LIVE AS MUCH AS POSSIBLE WITHOUT WORRY AND WITHOUT FEAR, AND TO LIVE IN THE MOMENT WITH LITTLE CONCERN FOR THE FUTURE; IN SHORT, TO TRUST IN

GOD AND TO BELIEVE THAT I, LIKE EVERYONE ELSE, AM HERE FOR A PURPOSE. THEY TALGHT ME TO BE AS GRATEFUL FOR MY SHORTCOMINGS AND LIMITATIONS AS FOR MY MANY TALENTS AND BLESSINGS, BECAUSE BOTH ARE PART OF A "DIVINE DESIGN" BEYOND MY NARROW COMPREHENSION. THEY RECOGNIZED THE NEED FOR ME TO LEARN SELF-DISCIPLINE, WHICH IS WHY THEY ENCOMPAGE ME TO ENLIST INTO THE U.S. MILITARY (I WAS ALWAYS A "FREE-SPIRITED" CHILD), AND, OF COURSE, DEVELOP RESPECT FOR OTHERS. BLT, IN FACT, LITTLE DID I KNOW BACK THEN THAT THOSE THINGS COME NATURALLY WHEN YOU HAVE A DIVINE CONNECTION WITH THE ONE CREATOR OF ALL THINGS AND YOU TRULY BELIEVE THAT YOUR LIFE HAS A "SPIRITUAL" DIMENSION, THAT YOU ARE A CAREFULLY DESIGNED ELEMENT IN THE MYSTERIOUS MOSAIC OF LIFE.

SOMEWHERE IN MY TWENTY-SOMETHINGS, I LOST MY DIVINE CONNECTION WITH GOD AND I ENCOUNTERED LIFE'S
ONLY TRUE OBSTACLE AND OPPONENT—"FEAR." I HAD
DOUBTS ABOUT MYSELF, I BECAME ANXIOUS ABOUT SO
MANY THINGS, AND WHEN I FELT MYSELF WEAKENINGS
OR WAVERING, MY ANXIETY BECAME DREAD. SO TO
COPE WITH THESE FEELINGS, I TURNED TO ALCOHOL
AND DRUGS. AS A RESULT, I BEGAN MAKING RASH
DECISIONS IN MY LIFE BECAUSE I DISMISSED THE LAST
TEACHINGS MY PARENTS GAVE ME: HOPE AND TRUST.

PRIOR TH TO THIS INCARCERATION, I INSISTED ON TELL-ING MYSELF THAT MOST OF "LIFE" SHOULDN'T BE TAKEN SERIOUSLY. RELENTLESSLY VIEWING MY LIFE AS SOME KIND OF "COSMIC JOKE." TODAY, I REALIZE THAT WAS NOT REALLY A WISE STRATEGY FOR LIVING. I MADE A LOT OF MISTAKES BECAUSE I DION'T "FOLLOW THE GUIDE."

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AS MY JOURNEY IN THIS THING WE CALL "LIFE" HAS
TAKEN ME DOWN MANY PATHS, A FEW DARK ALLEYS,
AND SOME DEAD-END POADS; I'VE ACQUIRED A NEW
"MAP" TO HELP ME CONTINUE ON MY TRAVELS - THE
HOLY QU'RAN. I AM SO GRATEFUL FOR THIS "GLIDE".

EVEN THOUGH I STILL HAVE A LONG WAY TO GO, BE-CAUSE I AM FAR FROM BEING "PERFECT", I HAVE DE-VELDRED MY OWN FOUR (4) GUIDING PRINCIPLES OVER THESE PAST FOURTEEN YEARS OF IMPRISONMENT:

- 1.) DO AS LITTLE HARM TO OTHERS AS POSSIBLE;
- 2.) BE THERE ALWAYS FOR MY FAMILY AND FRIENDS;
- 3.) BE RESPONGIBLE FOR MYSELF AND ASK NOTHING OF OTHERS IN PRISON; AND
- 4.) GRAB ALL THE FLN THAT I CAN! @

I ALSO PLIT NO STOCK IN THE OPINIONS OF ANYONE EXCEPT THOSE CLOSEST TO ME. I'VE FORGOTTEN ABOUT TRYING TO "LEAVE MY MARK ON THE WORLD". I IGNORE THE
GREAT ISSUES OF THIS WORLD AND IN DOING SO, I'VE VASTLY
IMPROVED MY DIGESTION. © I DON'T DWELL IN THE PAST
AND I DON'T WORRY ABOUT THE FUTURE. I CONCENTRATE
ON "LIVING IN THE MOMENT". I TRUST IN THE PURPOSE OF
MY EXISTENCE AND I ALLOW ITS MEANING COME TO ME
INSTEAD OF STRAINING TO DISCOVER IT. AND WHEN LIFE
THROWS ME A HARD PLINCH, I ROLL WITH IT— BUT I TRY
TO POLL WITH LAUGHTER.

* LEAVE ANY COMMENTS.

PEACE ...