

Segregation

How do you deal with it... What is it like you ask? If only words could say... describe... living in a permanent time out, segregated from the world.

There's no more sunshine and laughter in my day- I miss my friends voices in a deep lonely saddening way- so much missed- so much to say- it's only been a little while, my time away- yet a life time, is what it feels like each day. Segregated all day. Not being able to call and brighten mom's day. To never be able to call a friend and lean on them in that way; segregated all day. Alone with my thoughts, I stay each day- contemplating life's betrayals each day. Segregated all day.

Misguided hopes- second chance dreams fading away- alone in my mind in my own miserable way, all feeling fades away, day in day out- I do the same dull routine every day... segregated all day.

Heartache and pain, the betrayal falls like rain, segregated from life in vain. Emotion and trust full steam forward or bust, meaningful relations die today with- segregation all day. Escape to your deepest retreat in your own way, grasping at sanity as all time and reality fade away- nothing matters. No clarity in your day. Segregation is your pain each waking day.

Roll with the punches, get knocked down, get up yet again. How can you be whole when your life's less than half of what it was way back when... segregation.

Dreams fade to reality awaking, awake from a nightmare to find yourself living in a dream... into a dream you retreated, only to immerge into insanity into segregation.

Feel no love, cry for nothing, abandon all attachments to life as you knew it. Know the loss of another as you lost yourself. Lost in deaths embrace each day. Segregation.

Time is frozen as death lingers in the back of your mind each waking day- your time is coming one day- you must stay segregated.

Final curtain call, freedom calls today, segregation is over. It's a trip to the gurney and grave today, your final miserable day.

No More Segregation.

Thank God its over on this beautiful day.

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