

I'd like to begin posting a series called IN THE LIFE OF A CT PRISONER in an effort to expand your knowledge of what it's like for me and others serving a sentence in the state of Connecticut. It is my hope that you will consider the things I mention when voting/running for office anywhere, sitting on a jury, filing complaints with officials, filing a law suit, dealings with law enforcement, considering a career in this field, and especially considering what you read...or don't read in the media. Hopefully the shorts will be at least somewhat insightful.

#### IN THE LIFE OF A CT PRISONER # 1

In this 1st series I'd like you to know that I lost a Freedom of Information Commission Hearing decision yesterday (9/26/13) [at least I think so], in which I was denied all investigatory reports in regards to an incident in which I and 10 other individuals were rounded up by Dept. of Corr (DOC) officials because snitches told them that there was going to be a boycott of the commissary, telephones and mess hall due to the numerous price increases of commissary products. That's right, we are not allowed to participate in a voluntary boycott! It appears that DOC threw myself and a few others in segregation, not because we did anything wrong, but to try and get some of us to snitch. In this state a snitch's word is golden. When that didn't happen we were transferred to other prisons. These actions led to me becoming sick to the point where I couldn't eat for over 2 weeks. I loss 30 lbs. I was taken to the medical ward, stripped naked, thrown in a cold cell and held incommunicado. I was accused of being on a hunger strike and placed on suicide watch, denied legal calls, calls to the media, writing material and the religious material I received while I was in segregation.

To further my humiliation, the disciplinary hearing was

held while I was in a Furguson Jacket (nearly naked). I was found not guilty based on NO EVIDENCE. Yet my own advocate (staff Rep.) actually recommended that I be found guilty.

So now I'm trying to obtain proof that this was all in retaliation for me exposing the fact that there are hundreds of correctional staff with criminal records. These people actually took me to court to try and have the judge force feed me using a very painful method in order to intimidate me. Well guess what? I WON'T BE DISCOURAGED!!!

Rich.