

Dear Little Pilgrim,

10-11-13

Howdy! Thanks as always for your comments!

That is so cool that you were interviewed about your writing. It is wonderful that you write to prisoners because this is a very miserable + lonely existence. It doesn't bother me that you haven't written me directly, but if you ever feel like it I would enjoy hearing from you directly. I enjoy your comments on here too + you help keep me inspired to write by doing so.

I have been meditating more often, although for now it's just a series of prayers/affirmations + mantras for 10-15 minutes. It's not as much as I used to.

Many Hugs + Blessings,

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