THATS RIGHT THE PRISON ADMINISTRATION HAS REFUSED TO GIVE US ANYTHING, UNDER THE GUISE OF SECURITY.

BUT WHAT does someTHING LIKE ART PAPER, COLORED PENCILS, AN ERASER HAVE TO do WITH SECURITY?

OR TAKING AWAY OUR SALT & PEPPER AND SUGAR? HOW WINCH dAMAGE CAN A PRISONER REALLY do WITH ANY OF THAT, EVEN IF HE WANTED TO.

YES THE ADMINISTRATION HAS SAID THEY PUN TO ITOID MEETINGS AND DISCUSS POSSIBLE MODIFICATIONS.

BUT DON'T BELIEVE ALL YOU READ IN THE NEWS MEDIA, THEY'VE PROMISED US SOME CONSESSIONES, BUT, NEVER CAME THROUGH,

BUT THEY JUST BROUGHT IN A NEW ACTING WARDEN WHO I SAW ON THE NEWS THE OTHER DAY FLE USAID HE'S GOING TO SPEAK TO PRISONERS, AND PISO SAID HE WAS AND FEELS SOME HAVE MERIT.

BUT, THAT CAN BE ANY THING, HE MIGHT CHURCHTO GIVE US BACK THE SALT, OR ICING ON THE CAKES.

I WON'T LIE I'D LIKE TO HAVE BUTH THOSE, BUT DOES THAT REALLY CONSTITUTE CHANGES? I DON'T THINK SO.

THANK YOU FOR YOUR COMMENTS, THEY ARE COMFORTING FOR SURE,

YOU KNOW, IT WASN'T ALWAYS LIKE THIS, IT TURNED FOR THE WORSE IN THE 1980'S, AND JUST KEPT GOING, EVERY NEW GOVERNOR AND WARDEN

I

NO I don'T HAVE MUCH SUPPORT FROM ANY ONE THESE DAYS, MY MUTHER WAS MY MAIN SUPPORT BUT AFTER THIRTY YEARS IN PRISON SHE'S GOTTEN VERY Old, AND CAN NO LONGER DO ANY THING FOR ME. BUT THATS OKAY I KNOW IF SHE COULD SHE'D STILL BE STANDING STRONG, AND KNOWING THAT IS ENOUGH. MY MUTHER WAS A VERY PROUD AND STRONG LADY. I FIND IT HARD TO BELIEVE THAT SHE IS FRAIL AND HELPLESS, AND IT KILLS ME EVERY DAY KNOWING I CAN'T HELP HER.

I HAVE NOT SEEN HER IN 23 YEARS, NOR HAVE I BEEN ABLE TO TALK TO HER, WE'VE BEEN TRYING TO GET THESE FOLKS TO LETUS CALL HOME ONCE IN A WHILE, THAT ONE OF OUR DEMANDS, BUT SO FAR THEY HAVE DONE NOTHING.

OR LOVED ONES, SECURITY RISK TO LET US SPEAK TO OUR MOTHERS

EVEN THOUGH THE HUNGER STRUKE IS OVER, YOUR HEID GETTINGS
THE PUBLIC AWARE OF THE PROBLEMS IN THE SHU IS STILL
NEEDED, AND FOIKS MUST BE REMINDED IF THEY DON'T KEEP
THEIR PROTESTS AND COMMENTS COMING, PRISON OFFICIALS
WILL FIGURE ITS OKAY TO GO BACK TO PROGRAM AS USUAL,

AND I WILL SEND IN ANOTHER POST DESCRIBING THE SHU AND THE PROGRAM INSIDE AND OUTSIDE OF OUR CELL, ITS NOT MUCH, AS WE DENT GET OUT TO MUCH. SO IT MAY BORE YOU, OR UPSET YOU. I Think dogs AT THE dog POUNDS HAVE MORE OF A PROGRAM THEN WE DO.