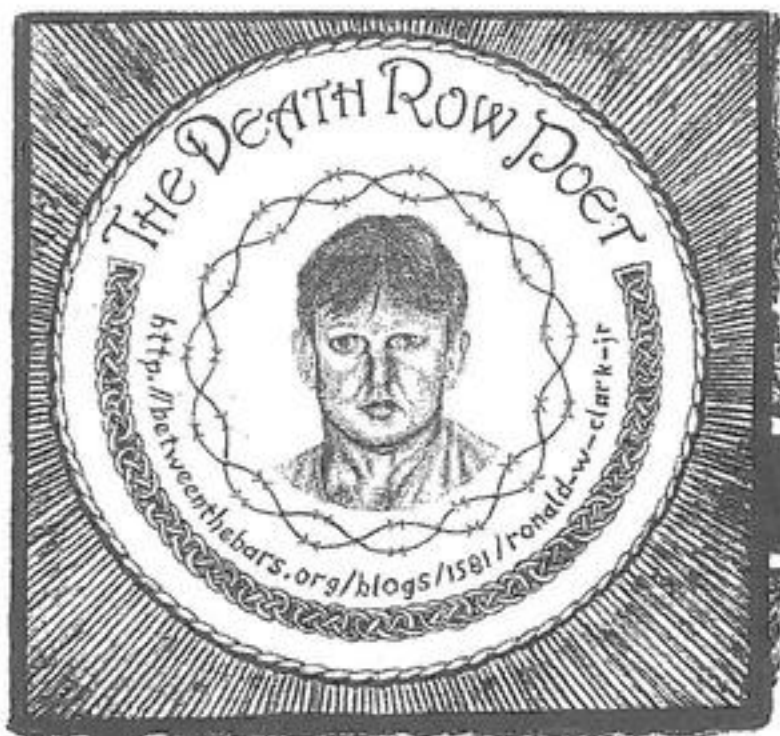


Daily Journal

October 25-31, 2013



Friday Oct 25, 2013 8:55am, so far I haven't done anything other than clean my cell. Wish the property room would bring my art supplies. I can't even do any art projects. Wish they would start selling better supplies, but I don't see that happening. I'm going to listen to music and walk.

2:53PM. Just finished working out, about time I did something. I was hoping to go to rec, but they didn't come around. I've got to get back into a regular workout schedule. Not sure what to do now.

5:00PM. Didn't do much of anything. Fixing to lay back, watch some TV, and call it a day.

Saturday Oct 26, 2013 9:51am. Just finished working out. Fixing to wash up, then make a stew that I'll set up for dinner. For lunch I'm going to have tuna. At 12PM. The Miami Hurricanes play. I'll watch them, then Fla. state. And I need to do some writing.

6:08PM. Watched football, but haven't accomplished anything. Fixing to lay down and call it a day.

Sunday October 26, 2013 8:30am. Waiting for them to call me for visit. I set up for my workout, but didn't do anything. I really need to find some motivation. I just feel tired and worn down. Not even writing, doing art, and it all took a toll on me when they killed Bill. That was an emotional drain. I need to get out of this cell for awhile. That always helps. This cage mentally runs me into the ground.



Ronald W. Cluby
Oct 27, 2013

Page 2
Daily Journal

3:20 PM. Just got back from the visits. Had a good one. Going to lay back now, watch some football then go to sleep.

Monday October 28, 2013 6:23 am. Got up at 5 am. Cleaned this cage, ate cereal for breakfast. Now watching the news, waiting to see if they call rec this morning. I need to write a letter or two.

4:09 PM. They didn't call rec. I did get some art supplies, so I spent the day working on some art projects new stationary. I wrote 2 letters, again I did not work out. Fixing to lay down watch some TV, wait for showers then come back and go to sleep.

Tuesday October 29, 2013 6:51 am. Hope they call rec this morning. If not, then I'll work on a piece of art.

11:47 am. They called us for rec. so I'll be going outside. Be nice to just get out of this cage for a few hours.

5:14 PM. Just got done washing clothes and bathing. Fixing to lay down and call it a day. I played 3 games of basketball did some pull ups. My knee and this ankle is hurting too bad to play ball.

Wednesday Oct 30, 2013 2:29 pm. Went to rec this morning. I don't like when they call back to back recs, only 3 of us on this side went 4 from behind us. I did pull ups and dips. I need to do some pushups wash clothes and write a letter. Showers will be late tonight, so I'll stay up and watch survivor, then hit the bed.

4:30 PM. Just finished eating washed clothes. Was doing some art work trying to finish up a couple of projects. Fixing to call it a day.

Ernald N. Clark
Oct 31, 2013

Page 3
Daily Journal.

Thursday October 31, 2013 Halloween. 8:11 am. Got
up at 4 am. After I cleaned up I finished
off an art project, then I wrote a
letter. Still have a couple of letters that
I need to write, some art projects that
I need to work on.

2:00 PM sitting here doing some art work
listening to music. Can't wait for 7:00 clock
so I can go to sleep. Hard to believe that
October is gone. Kimbrough has 12 days
to live unless his attorney's get him a
stay, which they could do because
of this new drug. Bill's attorney
could have gotten him a stay, but
Bill didn't want to be put through
that on again off again execution
which I understand. Still miss Bill.
I so badly want to stop this death
penalty, and I get angry with these
org's that just talk the talk and do
nothing to end it. We need action.
Guess I'll go back to my art.

4:09 PM just heard that Tommy Grover
has just died over at RMC of cancer.
He left out of here last Tuesday.

5:15 PM. Fixing to call it a day, put the art
away lay down until I fall asleep. Just
another day in this cage.