

NOVEMBER 12, 2013: 7:00pm: LISTENING TO: NIGHTS IN WHITE SATIN, BY THE MOODY BLUES
HI BLUE LOTUS, I JUST WANTED TO LET YOU KNOW THAT I RECEIVED YOUR COMMENT, THE EXERCISES ABOUT HERNIATED DISCS AND SCIATICA AND I HAVE TO SAY THANK YOU. I HAVE ALREADY BEGUN TRYING THEM AND I JUST PRAY IT HELPS. I AM STUPID BECAUSE I AM ON AN ANTI-INFLAMMATORY CALLED VOLTAREN, BUT I GET SO BORED AND I CONTINUE TO WORK OUT. I PROBABLY SHOULDN'T BUT I HAVE BEEN DOING IT SO LONG, I JUST CAN'T SIT STILL. I DO MORE CARDIO AND PLYOMETRICS THEN ANYTHING ELSE. BUT I STILL PISS OF THE SCIATIC NERVE (OR AS WE CALL IT IN HERE THE PSYCHOTIC NERVE, BECAUSE IT SEEMS TO DO WHATEVER THE HECK IT WANTS), AND SOMETIMES I CAN'T EVEN BEND OVER TO PICK SOMETHING UP. I DON'T KNOW IF A HERNIATED DISC WOULD EVER HEAL ON IT'S OWN OR IF SURGERY IS A MUST. ANY IDEA? SOME DAYS IT HURTS SO BAD, I CAN'T SLEEP AT NIGHT. THATS MAYBE ONCE A WEEK. BUT THOSE ARE THE TIMES I CONSIDER GOING TO THE GYM AND TRYING TO DEAD LIFT 500 POUNDS AND HURT MYSELF SO BADLY THAT THE PRISON HAS TO GIVE ME SURGERY. AT THE END OF YOUR COMMENT, YOU SAID IF I NEEDED ANYMORE INFO ON ANYTHING TO LET YOU KNOW, I HAVE SOMETHING ON MY MIND. MY BROTHER IS SUPER BUSY WORKING ALOT AND TAKING CARE OF BABY LUCY. I THOUGHT THAT WEBSITE COULD HELP ME BUT I WAS WRONG (KICKSTARTER). ANYWAY, I AM TRYING TO FIND ANY KIND OF WEBSITE THAT WILL ALLOW ME TO POST SOMETHING, OR EVEN A WEB PAGE THAT I CAN EXPLAIN MY DAUGHTERS STORY, BRIEFLY, AND ASK ANYONE IF THEY WOULD HELP HER OUT. WHEN SHE TURNS 18, SHE WILL HAVE NOWHERE TO GO. SHE WILL AGE OUT OF FOSTER CARE AND HAVE NOWHERE TO GO. A PRISONER IN HERE TOLD ME KICKSTARTER WAS WHAT I WAS LOOKING FOR BUT HE WAS WRONG. THEN ON A SHOW I WATCH, 2 BROKE GIRLS, THEY SPOKE OF ONE CALLED GO FUND YOURSELF.COM. BUT THAT WAS WRONG TOO BUT MY BROTHER SAID THERE ARE SITES THAT ARE TALKED ABOUT ON IT BUT THEN THE BABY KNOCKED OVER A JUICE CUP OVER HIS KEYBOARD AND THERE WENT THE LAPTOP. KNOWING MY DAUGHTER DOESN'T HAVE A SECURE FUTURE WORRIES THE HELL OUTTA ME. MY BROTHER, JJ, SAID THERE WERE ALL KINDS OF SITES MENTIONED AT THE GO FUND YOURSELF.COM. BUT I CAN'T GET HIM TO LOOK NOW. I NEED TO FIGURE OUT A FINANCIAL SOLUTION FOR KRISTA FOR WHEN SHE TURNS 18. I'VE ALREADY FAILED HER FOR 16 YEARS, I HAVE TO DO SOMETHING FOR HER. EVEN IF IT JUST ASKING PEOPLE FOR HELP. ANY IDEAS? CAN YOU HELP LOOK INTO THIS FOR ME? I DON'T LIE BLUE LOTUS. I JUST WANNA HELP MY LITTLE GIRL. IF YOU'VE BEEN READING MY BLOG, YOU CAN SEE I TALK ABOUT HER ALOT AND I NEED TO HELP HER. SO I'M OPEN TO SUGGESTIONS. THANK YOU VERY MUCH FOR THE EXERCISES AND FOR TAKING THE TIME TO LOOK THEM UP. I REALLY APPRECIATE IT. WHERE ARE YOU FROM? TAKE CARE, GOD BLESS. CIAO.