

# Do You Know Someone Like Me?

(CRY, bFF this is not directed at you)

MY Prediction could not have been any closer to Reality for October 2013. Not one happy Birthday wish from friends and family. Not one card, Not a letter, Nothing.. NOTHING!

How can someone forget about someone they claim to love, & consistently for near a decade? How does "out of sight - out of mind" work when it comes to family members? I can't forget anyone I care about..

anyone I love! all I want is to be loved too...

Do you know someone locked up, in a home, or in a hospital? Do you know how important it is to them that you remember them, how much

they truly need you? When a person is isolated, it puts a large stress on them emotionally and psychologically..

Seeing that they were stressed by mental or physical illness that resulted in the isolation in the first place, leaving them feeling abandoned, empty, & alone could be exactly what destroys any life, love, and humanity left in them...

I hope I'm making some sense...

I know from experience how much damage being isolated & forgotten can do to a person... I've seen people, in essence good people become disconnected, not just from society, friends & family, doctors and such but reality... They became so shallow, cold, so hardened that they couldn't be reached again. They became literally less than human, and so very unpredictable, dangerous, emotionless. I've seen lives that with help from loved ones could have been salvaged, rebuilt, reformed but instead they were isolated, abandoned and lost forever...

If you know someone locked away you could be their hero, their savior BY simply writing or calling, letting them know SOMEONE cares..

Just tell'em you're there!  
Tell'em you care!

