



WHAT'S IN YOUR SPACE??????



"SPACES"

"SPACES"?

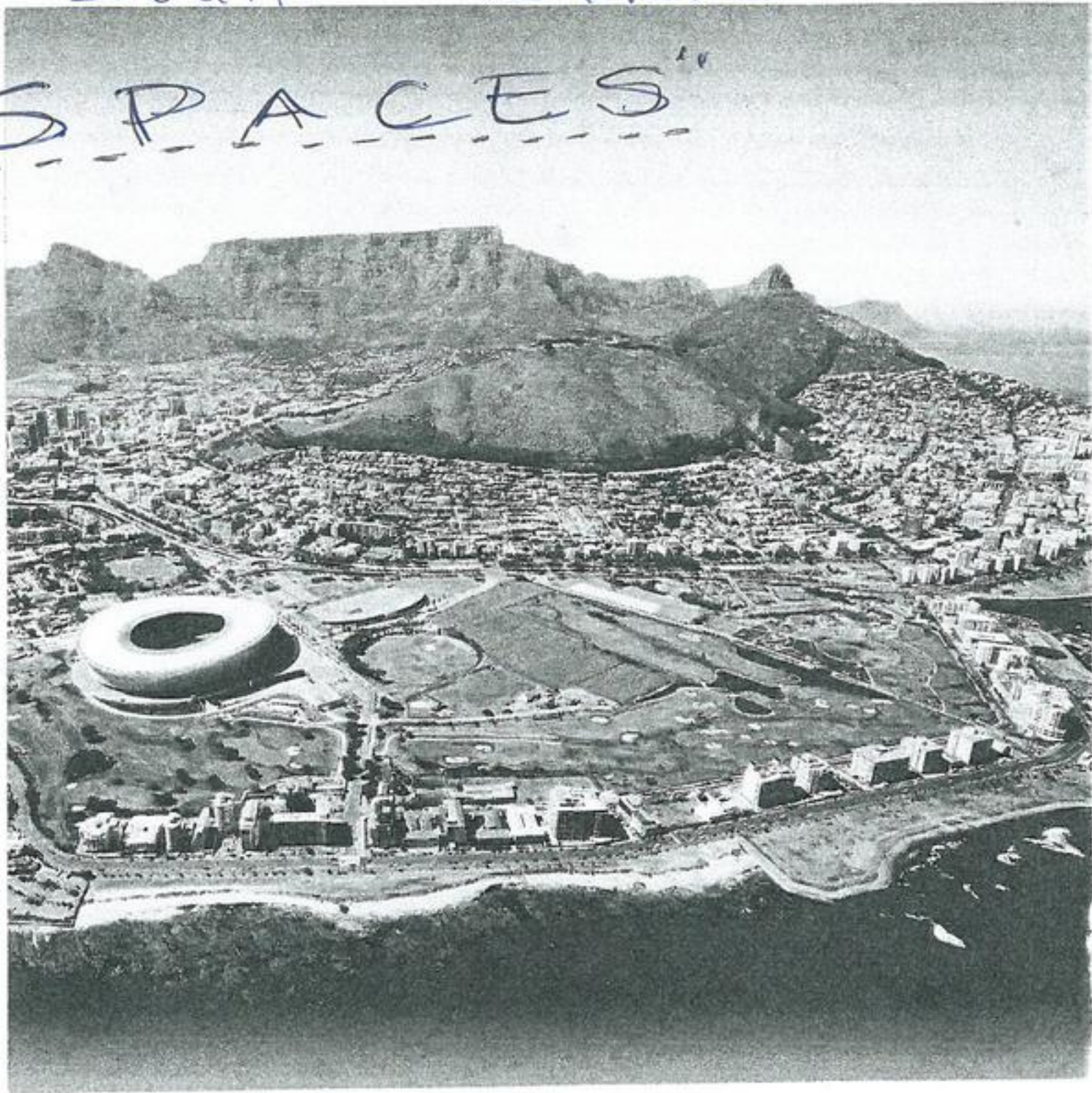
PEACE

Joy



"SOUTH AFRICA"

"SPACES"



CONSTANTLY WE TELL OURSELVES THAT THE WORLD IS ~~CROWDED~~ CROWDED AND THAT WE ARE RUNNING OUT OF SPACE. BUT NEW PLACES TO GO CONTINUE TO FILL OUR SCHEDULE. SO — THE REAL QUESTION BECOMES: "WHAT ARE WE FILLING THE SPACES OF OUR MINDS WITH?". SURELY THIS IS A SPACE THAT IS CONSTANTLY BEING FILLED AND REFILLED AGAIN AND AGAIN. BUT WHAT WE FILL OUR MINDS WITH WILL DETERMINE WHAT WE "EXPERIENCE" IN OUR LIVES AND IN THE RELATIONSHIPS THAT WE PARTICIPATE IN. SO — HERE I AM, SO IT SEEMS, IN CAPTIVITY. HOW DO I KEEP FREEDOM PRIMARY IN MY THINKING? HOW DO I ACT OUT, AND ACT-IN A LIBERTY AND FREEDOM THAT DOES NOT EXIST IN MY PHYSICAL ENVIRONMENT? HOW? THIS IS HOW. I OVERWHELM MY MIND AND THINKING WITH EXTREME POSITIVE HEALTHY AFFIRMATIONS. I REFUSE TO OPEN MY MIND UP TO ANY NEGATIVE THINKING AND I BECOME COMPLETELY "UNAVAILABLE" TO UNHEALTHY RELATIONSHIPS AND COMMUNICATIONS. OFTEN, HERE, IT FEELS LIKE ISOLATION, BUT I KNOW IT IS CONSECRATION!