

## Reply ID: YR3K

Dear Candleships

Thank you for your kind review and willingness to look into the Dhamma Brothers. There is a program in many prisons called the Path to Freedom, and it is a meditation and psychology based program. It's quite good, but it is not offered in nearly enough prisons. Also, in order for such programs to be truly successful they need to be implemented in an environment that is supportive of rehabilitation. What good is it to take a great 8-week course only to spend a few more years in a hostile, punishment based system? Until we drop the punishment/revenge model of justice, such programs will have little effect. As I wrote in A Mindful Approach to Prison Reform, these programs would be best implemented in a long-term setting where the whole prison supports the program ethos.

It seems we need a shift in the way society views crime, justice, and offenders before ~~the~~ we can make much progress in this area. But support from people like you, people willing to investigate their doubts with an open mind that make change possible. Thank you, and may you be happy, well loved, and peaceful.

Check out: [MBAProject.org](http://MBAProject.org)

[Path to Freedom.org](http://PathtoFreedom.org)

[PrisonDharmaNetwork.org](http://PrisonDharmaNetwork.org)

[PrisonMindfulness.org](http://PrisonMindfulness.org)