

AN AWAKEN SPIRIT

by BROTHA Achim 18-21

WE ARE HERE
EMERGE IN THIS WONDERMENT
WE CALL SELF
THE ECSTASY
OF TRUE-SELF
IS THE FEELING OF DOING
TO HAVE MEANING
TO BE FULL OF PURPOSE
TO BE CONNECTED

YOU KNOW
YOU ALL KNOW THE FEELING
WE STRUGGLE THE LIMITS
OF OUR VERY BEING
IN SURVIVING THE NIGHT
TO GREET THE DAY

AND IN THE WAKE
OF OUR SADNESS
THERE IS HAPPINESS
THEN IT BEGINS
ALL OVER AGAIN

INSIDE AND OUTSIDE THERE
IS VIOLENCE
WE MUST RESIST THINGS
HATEFUL
KNOWING IN OUR HEARTS
THINGS HATEFUL-HATE

WE SPEAK AND LISTEN
TO FEEL WHAT WE FEEL
TO DO WHAT WE DO
THEN WONDER THE GOOD
OF IT ALL

TO JUST SPEAK MORE FREELY
TO FEEL GOOD
TO KNOW

THAT THIS MOMENT
IS TRUE
TO BE TRUE TO SELF
UNASHAMEDLY SO

NO SANCTUARY
NO SHELTER
TO COMFORT AND CARESS
THE SOUL OF
A WEARY TRAVELER

MY-BREATH-TO-CATCH