

WHEN ITS STILL DARK



Greetings Alecia! Your wonderful comments were received and very much appreciated. It really is amazing that my spirits are high despite my situation, but the reality of it all is that my spirits are not always high. This dark and lonely world I live in, is designed to break spirits. This gloomy world that I live in, is designed to prey on the mentally and emotionally weak, and attempt to break down the strong. Each day faced in here, is a battle fought, and one has to constantly fight to keep a tight grip on their sanity. One has to also fight off hatred, bitterness, misery, and other negativity, because if the battle is lost, these things will gladly latch on and eat at your mind, emotions, and soul. The reality of it all is that my spirits are not always high, but the battle that I fight is fought better than most.

When there's sadness on your brain, it's hard to maintain. When there's emotional hurt and pain within, you will live your days with a heavy heart. Buried deep underneath all of these things is strength, but one has to look past all the sadness, hurt, and pain to uncover it. They say that when you "Find strength, you feel peace", and when you "Gain faith, you establish hope". Peace is a state of calm. Peace is freedom from disturbing thoughts or emotions. Hope is trust, reliance. Hope is one that gives promise for the future. Without strength, there is no peace, and without faith there is no hope. To be weak, faithless and hopeless is to be defeated in battle. The reality of it all is that my spirits are not always high, but I do my best to maintain strength, peace, hope, and especially faith. For faith is the bird that sings when the dawn is still dark.

Peace and Many Blessings!

Tray