

Daily Journal

NOV. 22-30, 2013



Friday NOV. 22, 2013; 7:13 am. Just waiting for them to call rec. I sure hope we go out. It's an oven in here with this heater on. I wish it would break. Like last year if we don't go out I'll start a letter. Well they just called yard.

10:47 am. Just got back in from rec. I played half a game of basketball and then went and did some pull ups and push ups. I'm going to wash clothes and go from there.

3:45 PM. Got the clothes washed. Still need to finish this letter up. My neighbor starts his diet Sunday. Bill Happ had wrote in to get on it. But never made it. Miss Bill. I'm writing one of the people he was writing when he was killed. Need to get back to that letter.

5:08 PM. Finished that letter then messed around with a Christmas Card. Fixing to lay back watch some TV and wait for showers.

Saturday NOV. 23, 2013 7:34 am. Just finished cleaning my cell. Didn't get any mail last night. So I think I'm going to workout this morning. I'm a bit sore from the pull ups and dips yesterday. I really need to get back into working out.

9:00 am. Just finished working out. And the officers just come by doing re-count. Someone messed the count up. That's just crazy. I'm fixing to have an egg salad sandwich and then decide what to do next.

6:03 PM. All I did today was some art. and watched football. Wasn't really any games on that I



Ronald W. Clark
Nov 23, 2013

Page 2
Daily Journal

cared about. I'm fixing to lay down and call it a day.

SUNDAY NOV. 24, 2013 7:15am. Just finished cleaning the cell. Going to bath here in a few minutes and get ready for the visit. I'm going to trim my hair. When I come back I'm going to watch the Dolphins play the Panthers.

5:02pm. Got back here about 2:30pm. watched some football. Went to turn the light on the switch broke. the cell light's now stuck on. watching Dallas and the Giants and then going to bed.

Monday NOV 25, 2013 6:24am. just ate breakfast cereal, cleaned the cell and ready for rec if they call it, which I hope they do. It's 44 degrees outside so there want be alot of guys going out. I need to try to get this cell light turned out. I'd rather it be stuck OFF than on.

10:30am just finished a nice workout. Hoping we go to rec this afternoon. It's only a three day week. Thursday is Thanksgiving and they take Friday OFF. I know they pulled the North side this morning. so I'm hoping for us and 4 wing this afternoon.

12:10pm. Got this light cut OFF. I was messing with it for over an hour before I finally got it OFF. I'd much rather it be OFF than on. They called 4 and 5 wing for after noon yard. so no rec today. The power keeps going OFF. well guess I'll do some writing.
6:02pm. Didn't accomplish much. just waiting on showers and then bed

Tuesday NOV 26, 2013 9:14am. They called rec and it's going to rain, storm out there, but I'm going out.

Ronald Wilkley
Nov 26, 2013.

Page 3
Daily Journal

12:26 PM. It rained the whole time we were out there. It was all 3 wings only 3 of us down here went out. We got a game of Volley ball going. We all got soaked. I just finished washing clothes, bathing and drying the floor. Not sure what all I'll do today. Need to write a letter.

5:40 PM. Did some art, other than that I didn't accomplish much of anything.
Wednesday Nov 27, 2013 7:21 AM. Got up at 5 AM. Cleaned up, ate some cereal and now waiting to see if they call rec which they just did.

11:02 AM. They didn't pull us for rec, which means we will go this afternoon, so I've been writing these two pastors.

4:00 PM. Just got back in from rec. I played some basketball. Won 4 lost 2 games. Now to wash some clothes then wait on showers.

9:00 PM. Still waiting to go to the shower. Should be any minute now. I just watched survivor. Wish they would hurry up with these showers so I can go to sleep.

Thursday November 28, 2013 10:02 AM. Just been doing some writing, getting a few Christmas cards ready to go out. Officers said the visiting park is full, they are now turning away visitors. Everyone tries to schedule visits where they can get 3 and 4 day visits. Which is why it's like that this weekend. I've got some writing to do, and I'm going to watch football at 11:30. Be nice to have a good Thanksgiving meal, but that's not going to happen.
12:40 PM. Thanksgiving meal was pretty

Ronald W. Clark
Nov 28, 2013

Page 4
Daily Journal

bad, some of processed turkey that we get every week. I'm watching the game and going to do some writing.

6:08 PM. Calling it a day. I got some writing done watched some football.

Friday November 29, 2013 7:52 am. Got up at 4 am. Cleaned the cell, then watched this movie Geronimo. Which is really a story about a backstabbing, dishonorable American Government that doesn't keep its word. Which is still the case "OBAMA Care" "you can keep your insurance." "Feed my lips, No New Taxes." "I never had sexual relations with that woman." When a politician opens his mouth the one thing we can be assured that he's not doing, and that's telling the truth.

9:34 am. Just wrote a piece called False doctrine. I've been writing these preachers and just felt compelled to do this. I'm going to get up and walk for a while.

6:14 PM. Still watching football, waiting on showers and then bed. Not a very productive day. Maybe tomorrow will be better.

SATURDAY November 30, 2013 7:46 am. I didn't wake up until after 5 am. Breakfast came at 5:30 after I cleaned up. I ate a bowl of cereal. I really need to work out. I'm going to go through some paper work this morning and throw some things away. In fact, I'm going to get to that right now.

9:37 am. Cleaned out the locker. Washed some clothes. Was trying to workout. My knee and hip is just hurting so bad. I need to eat something and take something for the pain.

2:03 PM. Been watching the Ohio st...

Ronald W. Clark
November 30, 2013

Page 5
Daily Journal

Michigan game as I filled out some Christmas cards. I took some pills earlier for the pain, this stuff is not working at all. I've got to put in a sick call slip Monday and get to that Doctor. Their going to have to do an MRI to see what's wrong.

7:09 PM just finished watching the Bangor Auburn game. That was a really good game. Great Finish. I'm getting ready to go to bed. Another day on death row.

Ronald W. Clark JR #812974
Union Correctional Institution
7819 N.W. 228th Street
Raiford, FL 32026-4460