

12/26/2013: WATCHING SPORTSCENTER. (I'M A 76ERS FAN BUT WE STINK)
HI ARCADIAEGO. VERY UNUSUAL HANDLE. I WAS CURIOUS WHEN I SAW IT HOW
YOU CAME UP WITH IT? I'M ABLE TO MAKE A FEW GUESSES OUT OF ARCADIAEGO
BUT I'M PROBABLY WRONG. WELL YOU ARE MY FIRST RESPONSE TO THE QUESTION
I ASKED. AND I GOTTA SAY YOU PUT SOME THOUGHT INTO YOUR ANSWER. THANK
YOU. YOU WERE TELLING ME ABOUT THE BRAIN SCANS OF A PATIENT AND HOW
THEY CHANGE AFTER GOING THROUGH THERAPY. I KNOW IT WONT HAPPEN BECAUSE
I'M IN PRISON BUT I WISH I COULD SEE MINE NOW AND ONE FROM 15 YEARS
AGO. I'VE CHANGED INSIDE, I DON'T VIEW THE WORLD THE SAME, I DON'T FEEL
THE SAME, I HAVE COMPASSION NOW, I AM ABLE TO BE VIOLENT TO PROTECT
MYSELF OR SOMEONE IN HERE FROM A BULLY OR BEING HARMED BUT I HAVE NO
DESIRE TO BE VIOLENT ANYMORE. I'VE BEEN LIKE THIS FOR A FEW YEARS. AND
YOU WANNA KNOW SOMETHING, I HAD A VERY VIOLENT CRIME AND I AM IN A SINGLE
CELL BECAUSE I AM NOT ABLE TO LIVE WITH ANYONE ELSE BUT NOT ONCE HAVE
I EVER BEEN GIVEN ANY TYPE OF THERAPY IN PRISON. NO PSYCHIATRIST, NO
PSYCHOLOGIST, NOTHING. NO COUNSELING. JUST MAKING A POINT THAT IN PRISON,
THEY JUST DON'T CARE. YOU'RE EXPECTED TO FOLLOW THE RULES OR THEY JUST
LOCK YOU IN THE HOLE AND FORGET YOU EXIST. I'VE MET PEOPLE WHO HAVE
BEEN IN THE HOLE FOR 10, 20 YEARS. AND AFTER SOMETHING LIKE THAT, I
DO BELIEVE YOUR BRAIN WILL PHYSICALLY CHANGE. I DO HAVE ANGER BUT I
GET OVER IT ALOT EASIER AND QUICKER THAN I DID 15 YEARS AGO. I DO REACT
TO SITUATIONS MORE DIFFERENTLY NOW THEN I DID BEFORE. YOU ARE RIGHT,
PEOPLE IN BAD ENVIRONMENTS, WITH LITTLE OR NO MONEY, NO SUPPORT OR
EDUCATION, THE CHANCES OF CHANGE ARE UNLIKELY. THEY USUALLY END UP IN
HERE AND PRISON IS CYCLE THATS HARD TO BREAK. WELL I HAVE TO GO. TODAY
IS MY MOM 58th BIRTHDAY AND I CALL HER EVERY YEAR ON HER BIRTHDAY. THANK
YOU FOR ANSWERING MY QUESTION. IT GIVES US SOMETHING TO THINK ABOUT
AND DISCUSS IN HERE. TAKE CARE AND IF YOU EVER WANT TO TALK ABOUT
SOMETHING, DROP ME A LINE. THANX. GOD BLESS. CIAO.